

## Table 1: Outerbridge grading system for joint cartilage breakdown

Grade 0	Normal
Grade I	Cartilage with softening and swelling
Grade II	A partial-thickness defect with small fissures on the surface that do not reach subchondral bone
Grade III	Large fissuring to the level of subchondral bone
Grade IV	Exposed subchondral bone

## Table 2: Percentage of intra-articular damage at ACL reconstruction

<b>Intra-articular pathology</b>	<b>Primary</b>	<b>Revision</b>
Medial meniscal tear	40.35	40.21
Lateral meniscal tear	45.87	33.81
Lateral femoral condyle lesion*	4.72	11.03
Medial femoral condyle lesion*	10.43	21.71
Lateral tibial plateau lesion*	2.95	4.98
Medial tibial plateau lesion*	0.79	3.20
Patellar lesion*	6.50	12.46
Trochlear lesion*	2.76	11.03

\* Chondral lesion - Outerbridge grades 3 or 4  
Courtesy of Christopher C. Kaeding, MD