



<p>ACCREDITATION The Arthroscopy Association of North America is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.</p> <p>CME CREDIT The Arthroscopy Association of North America designates this education activity for a maximum of 5.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.</p> <p>DISCLAIMER FOR ALL PROGRAMS The methods, techniques and procedures demonstrated and the views and opinions expressed by the speakers, presenters and faculty are their own, and do not necessarily represent those of the Arthroscopy Association of North America (AANA), nor does presentation on the program represent or constitute endorsement or promotion by AANA.</p> <p>OBJECTIVES To present and review for the orthopaedic surgeon the Arthroscopic techniques which are applicable in the management of orthopaedic patients.</p>		<p>9:00 am Arthroscopic Release of the Suprascapular Nerve <i>F. Alan Barber, MD</i></p> <p>9:10 am Technique Video: Arthroscopic Biceps Tenodesis <i>Gary M. Gartsman, MD</i></p> <p>9:20 am Rotator Cuff Fixation: Single or Double Row – Does it Really Matter? <i>Richard K.N. Ryu, MD</i></p> <p>9:30 am Technique Video: Techniques to Repair Subscapularis Tears <i>Ian K.Y. Lo, MD</i></p> <p>9:40 am Successful Treatment Options for Patients with a Failed Rotator Cuff Repair <i>Robert H. Bell, MD</i></p> <p>9:50 am Role of Arthroscopy in Treating Glenohumeral Arthritis in Young Patients <i>Felix H. Savoie, III, MD</i></p> <p>10:00 am Arthroscopic Assisted Reconstruction of AC Separations <i>Eugene M. Wolf, MD</i></p> <p>10:10 – 10:30am Coffee Break</p>
<p>7:50 am Welcome and Opening Remarks: <i>Richard K.N. Ryu, MD, AANA President</i> <i>Jeffrey S. Abrams, MD, AANA Chairman,</i> <i>Education Committee</i></p>	<p>SESSION II: MENISCUS AND ARTICULAR CARTILAGE UPDATE <i>Moderator: Peter R. Kurzweil, MD</i></p> <p>10:30 am Back to Basics: Meniscectomy Revisited: Avoiding Complications <i>Jack M. Bert, MD</i></p> <p>10:40 am How Bad Can a Meniscectomy Be? An Evidenced Based Critique <i>Russell F. Warren, MD</i></p> <p>10:50 am Meniscal Repair: Broadening the Indications <i>Frank R. Noyes, MD</i></p> <p>11:00 am The Symptomatic Post Meniscectomy Patient: Now What? <i>David N. M. Caborn, MD</i></p> <p>11:10 am Articular Cartilage Biosurgery: Are we Getting Anywhere? <i>Nicholas A. Sgaglione, MD</i></p>	
<p>SESSION I: SHOULDER SYMPOSIUM <i>Moderator: Larry D. Field, MD</i></p>		
<p>8:00 am Arthroscopic Findings and Treatment of High Profile Throwing Athletes <i>David W. Altchek, MD</i></p> <p>8:10 am A Reproducible Technique to Performing a Successful Bankart Repair <i>Diane L. Dahm, MD</i></p> <p>8:20 am Balancing the Capsule in Posterior and Multidirectional Instability <i>Richard L. Angelo, MD</i></p> <p>8:30 am Revision Surgery for Failed Stabilization <i>Robert A. Arciero, MD</i></p> <p>8:40 am Technique Video: Arthroscopic Techniques to Manage Shoulder Instability with Bone Loss <i>Laurent LaFosse, MD</i></p> <p>8:50 am What Should We do with the Rotator Interval? <i>Matthew T. Provencher, MD</i></p>		

11:20 am **Corrective Osteotomies: How to Make it Work**
Brian J. Cole, MD, MBA

11:30 am **Meniscus and Cartilage Clinical Cased Based Panel Discussion: What to do and Why**
Moderator: Robert T. Burks, MD
Panel: Jack M. Bert, MD, Russell F. Warren, MD, Frank R. Noyes, MD, David N.M. Caborn, MD, Nicholas A. Sgaglione, MD, Brian J. Cole, MD, MBA

12:00 pm **Lunch**

SESSION III: PATELLOFEMORAL AND ACL UPDATE
Moderator: Robert E. Hunter, MD

1:00 pm **Strategies and Decision Making in the Patellofemoral Patient**
Donald C. Fithian, MD

1:10 pm **Patellar Instability: Techniques, Pearls and Pitfalls**
John P. Fulkerson, MD

1:20 pm **Anatomic ACL Reconstruction: Current Concepts, Practical Considerations**
Freddie H. Fu, MD

1:30 pm **Complex Combined Knee Injuries: Recognition and Specific Techniques**
James P. Stannard, MD

1:40 pm **Patella and Ligament Clinical Cased Based Panel Discussion: What to do and Why**
Moderator: John C. Richmond, MD
Panelists: Donald C. Fithian, MD, John P. Fulkerson, MD, Freddie H. Fu, MD, James P. Stannard, MD

SESSION IV: HIP SYMPOSIUM
Moderator: Carlos A. Guanche, MD

2:00 pm **The Peritrochanteric Space: What is it and What Can we Do?**
Victor M. Ilizaliturri, Jr., MD

2:10 pm **Making Sense of Femoroacetabular Impingement (FAI)**
J.W. Thomas Byrd, MD

2:20 pm **Advanced Restorative Concepts: Chondral Grafts and Reconstruction of the Labrum and Ligamentum Teres**
Marc J. Philippon, MD

2:30 pm **Guest Speaker**
Health Care Reform: What an Arthroscopic Surgeon Should Expect to See
Joseph D. Zuckerman, MD, President, AAOS

2:50 – 3:00 pm **Break**

COMBINED SESSION (FOR GENERAL INFORMATION, SEE PAGE 11.)
ARTHROSCOPY ASSOCIATION OF NORTH AMERICA
AMERICAN ORTHOPAEDIC SOCIETY FOR SPORTS MEDICINE
AMERICAN SHOULDER AND ELBOW SURGEONS
La Nouvelle Ballroom A

3:00–3:03 pm **Welcome**
Jeffrey S. Abrams, MD, AANA 2010 Program Chair
Neal S. ElAttrache, MD, AOSSM 2010 Program Chair
Ken Yamaguchi, MD, ASES 2010 Program Chair

CONTROVERSIES IN PATIENT MANAGEMENT: CASE STUDIES

3:04–3:33 pm **Treatment Options for Patients with Distal Biceps Tears**
Moderator: Bernard F. Morrey, MD
Panelists:
Patrick M. Connor, MD
Graham J.W. King, MD
Felix H. Savoie, III, MD

3:34–4:03 pm **Treatment Options for Patients with Partial Thickness Rotator Cuff Tears**
Moderator: Russell F. Warren, MD
Panelists:
John E. Conway, MD
Richard K. N. Ryu, MD
Gerald R. Williams, Jr., MD

4:04–4:33 pm **Treatment Options for Patients with First-Time Traumatic Anterior Dislocations**
Moderator: Richard J. Hawkins, MD, FRCSC
Panelists:
Jeffrey S. Abrams, MD
Robert A. Arciero, MD
Anthony A. Romeo, MD

4:34–5:03 pm **Treatment Options for Patients with Failed Rotator Cuff Repairs**
Moderator: Robert T. Burks, MD
Panelists:
Stephen S. Burkhart, MD
Joseph P. Iannotti, MD, PhD
James E. Tibone, MD

Objectives:
 Upon completion of these Case Studies, learners should be able to:

- Improve diagnosis, evaluation, and treatment of traumatic injuries to the upper extremity
- Evaluate patient selection predicated on activity demands and expectations
- Apply technical pearls to enhance management
- Avoid complications

5:03 pm **Conference Adjourns**



ARTHROSCOPY ASSOCIATION OF NORTH AMERICA, AMERICAN ORTHOPAEDIC SOCIETY FOR SPORTS MEDICINE, AND AMERICAN SHOULDER AND ELBOW SURGEONS COMBINED SPECIALTY DAY

General Information

DESCRIPTION

This meeting is designed to identify areas of recent research in the field of orthopaedic sports medicine and arthroscopy relevant to practicing physicians, surgeons, and allied health professionals. This information will be transmitted through scientific paper presentations, question and answer session, spotlights on surgical techniques, symposia, current concepts, clinical insights and/or debates.

STATEMENT OF NEED

A need for this educational activity has been determined based on previous course evaluations, the AOSSM Self Assessment, and the AOSSM CME curriculum. The content of this course was based on current issues and topics provided by the Arthroscopy Association of North America (AANA), the American Shoulder and Elbow Surgeons (ASES), and the American Orthopaedic Society for Sports Medicine (AOSSM) membership and leadership.

TARGET AUDIENCE

This program should prove valuable to any orthopaedic surgeon, physician, or allied health professional in the field of sports medicine or related fields of practice.

PROGRAM

The American Orthopaedic Society for Sports Medicine attests that the person(s) responsible for the development of this educational activity did so independently and were not influenced by commercial supporters.

COURSE OBJECTIVES

Upon completion of this educational activity, learners should be able to:

- Identify and evaluate recent research in the field of orthopaedic sports medicine and arthroscopy
- Identify and evaluate orthopaedic sports medicine diagnostic, surgical, non-operative, and other therapeutic measures and techniques
- Identify specific topical problems endemic to the orthopaedic sports medicine and arthroscopic practitioner
- Describe recent developments in the rapidly changing field of orthopaedic sports medicine and arthroscopy
- Identify and apply strategies to improve patient outcomes

ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Orthopaedic Society for Sports Medicine (AOSSM), the Arthroscopy Association of North America (AANA), and the American Shoulder and Elbow Surgeons (ASES). The American Orthopaedic Society for Sports Medicine (AOSSM) is accredited by the Accreditation Council for

Continuing Medical Education to provide continuing medical education for physicians.

The American Orthopaedic Society for Sports Medicine (AOSSM) is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers.

AMA/PRA CREDITS

The American Orthopaedic Society for Sports Medicine (AOSSM) designates this educational activity for a maximum of 2 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

BOC/CEUs



This program has been approved for a maximum of 2.0 hours of Category A continuing education. Certified Athletic Trainers are responsible for claiming only those hours actually spent

participating in the continuing education activity.

BOC Approved Provider Number: P460

DISCLOSURE STATEMENT

Any and all disclosures will be provided in the Final Program which will be distributed at the meeting to all program participants.

DISCLAIMER

The material presented in this continuing medical education activity is being made available by the American Orthopaedic Society for Sports Medicine (AOSSM) for educational purposes only. This material is not intended to represent the only, nor necessarily the best, methods or procedures appropriate for the medical situation discussed, but rather is intended to present an approach, view, statement, or opinion of the authors or presenters, which may be helpful, or of interest, to other practitioners.

AOSSM is not responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the meeting. Costs incurred by the registrant, such as airline or hotel fees or penalties, are the responsibility of the registrant.

QUESTIONS

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