

AMERICAN ORTHOPAEDIC SOCIETY FOR SPORTS MEDICINE

SPECIALTY DAY

General Information

DESCRIPTION

This meeting is designed to identify areas of recent research in the field of orthopaedic sports medicine and arthroscopy relevant to practicing physicians, surgeons, and allied health professionals. This information will be transmitted through scientific paper presentations, question and answer session, spotlights on surgical techniques, symposia, current concepts, clinical insights and/or debates.

STATEMENT OF NEED

A need for this educational activity has been determined based on previous course evaluations, the AOSSM Self Assessment, and the AOSSM CME curriculum. The content of this course was based on current issues and topics provided by the American Orthopaedic Society for Sports Medicine (AOSSM) membership and leadership.

TARGET AUDIENCE

This program should prove valuable to any orthopaedic surgeon, physician, or allied health professional in the field of sports medicine or related fields of practice.

PROGRAM

The American Orthopaedic Society for Sports Medicine attests that the person(s) responsible for the development of this educational activity did so independently and were not influenced by commercial supporters.

COURSE OBJECTIVES

Upon completion of this educational activity, learners should be able to:

- Identify and evaluate recent research in the field of orthopaedic sports medicine
- Identify and evaluate orthopaedic sports medicine diagnostic, surgical, non-operative, and other therapeutic measures and techniques
- Identify specific topical problems endemic to the orthopaedic sports medicine practitioner
- Describe recent developments in the rapidly changing field of orthopaedic sports medicine
- Identify and apply strategies to improve patient outcomes

ACCREDITATION

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BOC/CEUs



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DISCLOSURE STATEMENT

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QUESTIONS

American Orthopaedic Society for Sports Medicine
6300 N. River Rd., Suite 500
Rosemont, IL 60018
Phone: 847/292-4900 or (toll free) 877/321-3500
Fax: 847/292-4905
Email: aossm@aossm.org



7:30–7:36 am	Welcome and Announcements <i>James R. Andrews MD, AOSSM President (Birmingham, AL)</i> <i>Neal S. ElAttrache MD, AOSSM 2010 Program Chair (Los Angeles, CA)</i>	8:03–8:08 am	Endoscopic ACL Reconstruction with Patellar Tendon Autograft. Clinical Results and Incidence of Reinjury at 15 Years Leo A. Pinczewski MBBS, FRACS, Lucy J. Salmon PhD, Alison Kok PT, James Linklater FRANZCR, Catherine Hui MD (Sydney, Australia)
7:37–8:33 am	SCIENTIFIC SESSION 1: ACL <hr/> <i>Moderator: David R. McAllister MD (Los Angeles, CA)</i> <i>Co-Moderator: Charles A. Bush-Joseph MD (Chicago, IL)</i>	8:09–8:14 am	A Matched Pairs Analysis of Instrumented Tests of Tibial Anterior Translation and Internal Rotation Laxity Between Single- and Double-Bundle ACL Reconstructions Thomas P. Branch MD, Rainer Siebold MD, PhD, Howard I. Freedberg MD, Cale A. Jacobs PhD (Decatur, Atlanta, GA; Heidelberg, Germany; Bartlett, IL)
7:37–7:42 am	The Pivot Shift in Combined ACL and Meniscus Injury: A Cadaveric Study Volker Musahl MD, Asheesh Bedi MD, Padhraig O'Loughlin MD, Daniel Choi MS, Musa Citak MD, Andrew Pearle MD (New York, NY)	8:15–8:22 am	OVERVIEW: Anatomic ACL II Anatomic Single Versus Double-Bundle: 2010 Indications and Clinical Outcomes <i>Russell F. Warren MD (New York, NY)</i> Objectives: Upon completion of this scientific session, learners should be able to: <ul style="list-style-type: none"> • Identify current indications, techniques, advantages and disadvantages of anatomic single-bundle and double-bundle ACL reconstruction • Evaluate clinical outcomes of these reconstruction techniques
7:43–7:48 am	Kinematic Analysis of Anatomical Anterior Cruciate Ligament Reconstruction Techniques <i>Jong Keun Seon MD, Hemanth Reddy Gadikota MS, Jia-Lin Wu MD, Karen Michelle Sutton MD, Michael Kozanek MD, Thomas J. Gill IV MD, Guoan Li PhD (Boston, MA)</i>	8:23–8:33 am	Question & Answer Session
7:49–7:56 am	OVERVIEW: Anatomic ACL I ACL Anatomy: Surgical Landmarks and How to Get There <i>William G. Clancy Jr MD (Birmingham, AL)</i> Objectives: Upon completion of this Overview, learners should be able to: <ul style="list-style-type: none"> • Identify the surgical anatomy, orientation, and skeletal attachments of the ACL • Understand the optimal surgical approaches to anatomically reconstruct the ACL 	8:34–9:19 am	SCIENTIFIC SESSION 2: ARTICULAR CARTILAGE AND MENISCUS <hr/> <i>Moderator: Thomas R. Carter MD (Phoenix, AZ)</i> <i>Co-Moderator: C. Benjamin Ma MD (San Francisco, CA)</i>
7:57–8:02 am	The Swedish National Anterior Cruciate Ligament Register: A Report of 12,456 ACL Reconstructions – Background Variables and Outcome Torsten Wredmark MD, PhD, Jon Karlsson MD, PhD, Juri Kartus MD, Li Tsai MD, PhD, Magnus L. Forssblad MD, PhD, Per Herbertsson MD, PhD, Johanna Adami MD, MPH, PhD, Joanna Kvist RPT, PhD, Lars Gunnar Elmqvist MD, PhD (Stockholm, Gothenburg, Trollhattan, Lund, Linkoping, Umea, Sweden)	8:34–8:39 am	Dynamic Contact Mechanics of Meniscal Manipulation: Implications for Treatment Asheesh Bedi MD, Natalie H. Kelly BSc, Michael Baad BSc, Alice J. Fox MSc, Suzanne A. Maher PhD, Russell F. Warren MD (New York, NY)
		8:40–8:45 am	Clinical and Radiographical Results of 89 Arthroscopic Lateral Meniscectomies in Stable Knees with a Minimum Follow-Up of 20 Years

Hulet Christophe MD, Romain Seil MD, Jacques Menetrey MD, Bertrant Gaulaud MD, Christophe Javois MD, Elvire Servient MD, Ramiro Vargas MD, Philippe Beauflis MD, Pierre Chambat MD, Patrick Djian MD (Paris, Toulouse, Caluire, Lyon, Le Chenay, France; Luxembourg, Luxembourg; Geneva, Switzerland)

8:46–8:51 am

Surgical Repair of Meniscal Tears with Concomitant ACL Reconstruction in Patients 18 Years and Younger

Aaron J. Krych MD, Ryan T. Pitts MD, Michael J. Stuart MD, Bruce A. Levy MD, Diane Lynn Dahm MD (Rochester, MN)

8:52–8:57 am

Long Term Survival of High Tibial Osteotomy in a Series of 456 Patients

Heidi A. Williams PT, Leo A. Pinczewski MBBS, FRACS, Niels Hockers, Alison Kok PT, Willem van der Tempel MD, Lucy J. Salmon PhD, Jack Crosbie PhD, Roger Adams PhD (Sydney, Australia)

8:58–9:08 am

UPDATE: The Arthritic Athlete Unicompartmental Arthroplasty Versus Osteotomy: How I Decide

Annunziato Amendola MD (Iowa City, IA)

Objectives:

Upon completion of this scientific session, learners should be able to:

- Understand the indications and relative advantages and disadvantages influencing the choice of surgical method for treating osteoarthritis in active patients

9:09–9:19 am

Question & Answer Session

9:20–9:50 am

SCIENTIFIC SESSION 3: MULTIPLE LIGAMENTS

Moderator: **Michael J. Stuart MD** (Rochester, MN)
Co-Moderator: **John W. Uribe MD** (Coral Gables, FL)

9:20–9:25 am

Posterolateral Corner Reconstruction of the Knee: Evaluation of a Technique with Clinical Outcomes and Stress Radiography

Clifford G. Rios MD, Mark P. Cote RPT, Robin Leger RN, PhD, Clifford Yang MD, Robert A. Arciero MD (Farmington, CT)

9:26–9:41 am

FOCUS UPDATES:

9:26–9:33 am

How I Manage the Multiligament-Injured Knee

Christopher D. Harner MD (Pittsburgh, PA)

9:34–9:41 am

How I Manage Acute Traumatic Patellar Dislocation in Elite Athletes

James P. Bradley MD (Pittsburgh, PA)

Objectives:

Upon completion of these Focus Updates, learners should be able to:

- Understand the indications, techniques, and surgical timing issues in the treatment algorithm for the multiple injured knee and for acute patellar dislocation
- Understand treatment results and return to play

9:42–9:50 am

Question & Answer Session

9:51–10:06 am

Break

10:07–10:50 am

SCIENTIFIC SESSION 4: HIP AND PELVIS I

Moderator: **Bryan T. Kelly MD** (New York, NY)
Co-Moderator: **Peter Asnis MD** (Boston, MA)

10:07–10:12 am

High Prevalence of Pelvis and Hip MRI Findings in Asymptomatic Collegiate and Professional Hockey Players

Matthew Leroy Silvis MD, Timothy Mosher MD, Brandon Smetana BA, Kevin P. Black MD (Hershey, PA)

10:13–10:40 am

SYMPOSIUM: Athletic Hip at Risk

Moderator: **Marc R. Safran MD** (San Francisco, CA)

10:13–10:19 am

Clinical and Radiographic Evaluation

Marc R. Safran MD (San Francisco, CA)

10:20–10:26 am

Treatment of Labral Tears and FAI: How I Decide

Marc J. Philippon MD (Vail, CO)

10:27–10:33 am

Complications of Hip Arthroscopy

Bryan T. Kelly MD (New York, NY)

10:34–10:40 am

Overview and Outcomes: How Are We Doing in 2010?

J. W. Thomas Byrd MD (Nashville, TN)

Objectives:

Upon completion of this Symposium, learners should be able to:

- Understand the clinical diagnosis and treatment options for the most prevalent pathologies of the athletic hip
- Understand the complications and results of the most current treatment methods, including issues regarding return to play

10:41–10:50 am

Question & Answer Session

10:51–11:25 am

SCIENTIFIC SESSION 5: HIP AND PELVIS II

Moderator: **Daniel E. Cooper MD** (Dallas, TX)
Co-Moderator: **Michael D. Maloney MD** (Rochester, NY)

10:51–10:56 am	Association of Symptomatic Intra-Articular Hip Pathology and Athletic/Sports Pubalgia in Athletes: Outcomes After Surgical Management <i>Christopher M. Larson MD, M. Russell Giveans PhD, Bradley R. Pierce MD (Eden Prairie, Edina, MN)</i>	1:00–1:15 pm	POINT/COUNTERPOINT: Rotator Cuff – Single Row Versus Double Row
10:57–11:02 am	Outcomes Following Surgical Treatment for Sports Hernia: A Comparison of Two Surgical Procedures <i>Gregg J. Jarit MD, Jerry Weninger PA-C, ATC, John B. Hanks MD, Joseph M. Hart PhD, David R. Diduch MD (Charlottesville, VA)</i>	1:00–1:07 pm	Single Row is Enough <i>Robert T. Burks MD (Salt Lake City, UT)</i>
11:03–11:08 am	Functional Outcome After Repair of Proximal Hamstring Avulsions <i>Patrick Birmingham MD, Mark Muller MD, Scott A. Rodeo MD, John Cavanaugh PT, ATC, Thomas L. Wickiewicz MD, David W. Altchek MD, Russell F. Warren MD (New York, NY)</i>	1:08–1:15 pm	Double Row is Better <i>Brian J. Cole MD, MBA (Chicago, IL)</i> Objectives: Upon completion of this Point/Counterpoint, learners should be able to: <ul style="list-style-type: none"> • Understand the relative advantages and disadvantages of current single-row and double-row cuff repair techniques • Understand the rationale and relative results of these techniques
11:09–11:16 am	UPDATE: How I Evaluate and Treat Adductor Tendinopathy in Elite Athletes <i>Thomas J. Gill IV MD (Boston, MA)</i> Objectives: Upon completion of this Update, learners should be able to: <ul style="list-style-type: none"> • Understand the diagnosis and current treatment methods providing optimal results and return to play in adductor tendinopathy 	1:16–1:25 pm	Question & Answer Session
11:17–11:25 am	Question & Answer Session	1:26–1:59 pm	SCIENTIFIC SESSION 7: LABRUM <i>Moderator: James E. Tibone MD (Los Angeles, CA)</i> <i>Co-Moderator: Stephen J. O'Brien MD, MBA, PLLC (New York, NY)</i>
11:26–11:46 am	Kennedy Lectureship <i>John A. Bergfeld MD (Cleveland, OH)</i>	1:26–1:31 pm	The Effect of Age on the Outcomes of Arthroscopic Repair of Type II Superior Labrum Anterior Posterior Lesions: Minimum Two Year Follow-Up <i>Joshua Martin Alpert MD, Thomas Wuerz MD, Thomas O'Donnell BS, Kaitlin Carroll BS, Nathan Brucker BS, Thomas J. Gill IV MD (Chicago, IL; Cleveland, OH; South Bend, IN; Boston, MA; New Haven, CT)</i>
11:47am–12:47 pm	Lunch	1:32–1:37 pm	Retrospective Analysis of Arthroscopic Superior Labrum Anterior to Posterior (SLAP) Repair: Prognostic Factors Associated with Failure <i>Shane J. Nho MD, MS, Rachel M. Frank BS, Stefanie Reiff BA, Robert Carlyle Grumet MD, Brian J. Cole MD, MBA, Nikhil N. Verma MD, Anthony A. Romeo MD (Chicago, IL)</i>
12:48–1:25 pm	SCIENTIFIC SESSION 6: ROTATOR CUFF <i>Moderator: Anthony A. Romeo MD (Chicago, IL)</i> <i>Co-Moderator: Sumant G. Krishnan MD (Dallas, TX)</i>	1:38–1:43 pm	Recurrence of SLAP Lesion Does not Affect Outcome of Rotator Cuff Repair <i>Joo Han Oh MD, PhD, Sae Hoon Kim MD, Chung Hee Oh MD, Hye Ran Kim CR, Shang Mi Shim CR (Seoul, Republic of Korea)</i>
12:48–12:53 pm	Does a Critical Rotator Cuff Tear Stage Exist? A Biomechanical Study of Rotator Cuff Tear Progression in Human Cadaver Shoulders <i>Joo Han Oh MD, Bong Jae Jun MS, Michelle H. McGarry MS, Thay Q. Lee PhD (Seoul, Republic of Korea; Irvine, Long Beach, California)</i>	1:44–1:50 pm	UPDATE: SLAP Lesions – Which Ones Do I Fix? <i>David W. Altchek MD (New York, NY)</i> Objectives: Upon completion of this Update, learners should be able to: <ul style="list-style-type: none"> • Understand the current indications, treatment rationale, and techniques in management of SLAP Lesions
12:54–12:59 pm	Early Repair Improves Clinical Outcome and Healing of Rotator Cuff Tears <i>Anshu Singh MD, Benjamin Sanofsky BA, Jon J.P. Warner MD, Laurence D. Higgins MD (Boston, MA)</i>	1:51–1:59 pm	Question & Answer Session

2:00–2:25 pm	SCIENTIFIC SESSION 8: GLENOHUMERAL AND AC JOINT INSTABILITY <i>Moderator: Christopher S. Ahmad MD (New York, NY) Co-Moderator: Jeffrey R. Dugas MD (Birmingham, AL)</i>
2:00–2:05 pm	Physical Examination Findings in Young Athletes Correlate with History of Shoulder Instability Brett D. Owens MD , Michele L. Duffey MS, Thomas M. DeBerardino MD, Kenneth L. Cameron PhD, ATC (West Point, NY; State College, PA)
2:06–2:11 pm	A Randomized Clinical Trial Comparing Arthroscopic to Open Stabilization of Traumatic Unidirectional Anterior Shoulder Stability Nicholas GH Mohtadi MD, MSc, FRCSC , Jocelyn Fredine BKin, CAT(C), Richard S. Boorman MD, MSc, FRSCS, Laurie A. Hiemstra MD, Robert M. Hollinshead MD, FRCSC, Ian KY Lo MD, FRCSC, Heather N. Hannaford BKin, Denise S. Chan MSc, MBT, Treny M. Sasyniuk MSc (Calgary, Banff, Canada)
2:12–2:17 pm	Intramedullary AC Ligament Reconstruction with Suture-Button Fixation Strengthens Isolated CC Ligament Reconstruction in AC Dislocations Guillem Gonzalez-Lomas MD , Pooya Javidan BS, Tony C. Lin MD, Gregory J. Adamson MD, Orr Limpisvasti MD, Thay Q. Lee PD (Los Angeles, Irvine, Long Beach, CA)
2:18–2:25 pm	Question & Answer Session
2:26–2:59 pm	SCIENTIFIC SESSION 9: ELBOW <i>Moderator: E. Lyle Cain Jr MD (Birmingham, AL) Co-Moderator: Michael G. Ciccotti MD (Philadelphia, PA)</i>
2:26–2:31 pm	Dose-Related Effect of Extracorporeal Shock Wave Therapy for the Lateral Epicondylitis- Prospective Randomized Double Blind Comparative Study Joo Han Oh MD, Jong Pil Yoon MD , Chung Hee Oh MD, Sae Hoon Kim MD, Hye Ran Kim BS, Shang Mi Shim BS (Seoul, Republic of Korea)
2:32–2:37 pm	Ulnar Collateral Ligament Reconstruction in High School Pitchers, Mid Term Follow-Up Michael J. Angel MD , Lewis A. Yocum MD (Los Angeles, CA)
2:38–2:44 pm	Question & Answer Session
2:45–2:59 pm	Break



ARTHROSCOPY ASSOCIATION OF
NORTH AMERICA
AMERICAN ORTHOPAEDIC SOCIETY
FOR SPORTS MEDICINE
AMERICAN SHOULDER AND
ELBOW SURGEONS
**Morial Convention Center
La Nouvelle Ballroom A**

3:00–3:03 pm

Welcome

*Jeffrey S. Abrams MD, AANA 2010 Program
Chair (Princeton, NJ)
Neal S. ElAttrache MD, AOSSM 2010 Program
Chair (Los Angeles, CA)
Ken Yamaguchi MD, ASES 2010 Program Chair
(St. Louis, MO)*

**CONTROVERSIES IN PATIENT
MANAGEMENT: CASE STUDIES**

3:04–3:33 pm

**Treatment Options for Patients with Distal
Biceps Tears**

Moderator: Bernard F. Morrey MD (Rochester, MN)
Panelists:
Patrick M. Connor MD (Charlotte, NC)
Graham J.W. King MD (London, Canada)
Felix H. Savoie III MD (New Orleans, LA)

3:34–4:03 pm

**Treatment Options for Patients with Partial
Thickness Rotator Cuff Tears**

Moderator: Russell F. Warren MD (New York, NY)
Panelists:
John E. Conway MD (Fort Worth, TX)
Richard K. N. Ryu MD (Santa Barbara, CA)
Gerald R. Williams Jr MD (Philadelphia, PA)

4:04–4:33 pm

**Treatment Options for Patients with First-
Time Traumatic Anterior Dislocations**

*Moderator: Richard J. Hawkins MD, FRCSC
(Greenville, SC)*
Panelists:
Jeffrey S. Abrams MD (Princeton, NJ)
Robert A. Arciero MD (Farmington, CT)
Anthony A. Romeo MD (Chicago, IL)

4:34–5:03 pm

**Treatment Options for Patients with Failed
Rotator Cuff Repairs**

Moderator: Robert T. Burks MD (Salt Lake City, UT)
Panelists:
Stephen S. Burkhart MD (San Antonio, TX)
Joseph P. Iannotti MD, PhD (Cleveland, OH)
James E. Tibone MD (Los Angeles, CA)

Objectives:

Upon completion of these Case Studies,
learners should be able to:

- Improve diagnosis, evaluation, and treatment of traumatic injuries to the upper extremity
- Evaluate patient selection predicated on activity demands and expectations
- Apply technical pearls to enhance management
- Avoid complications

5:03 pm

Conference Adjourn

ARTHROSCOPY ASSOCIATION OF NORTH AMERICA, AMERICAN ORTHOPAEDIC SOCIETY FOR SPORTS MEDICINE, AND AMERICAN SHOULDER AND ELBOW SURGEONS COMBINED SPECIALTY DAY

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