

NUR1 Progressive Orthopaedics Across the Ages

Wednesday, March 10, 2010

8:15 a.m. – 12:30 p.m.

Morial Convention Center, Room R09

Course Co-Chairs

Terri St. John, MSN, RN, ONC

Ryan M. Nunley, MD

Overview

This session will address some of the current approaches and clinical tools for use in providing care for orthopaedic patients of various ages.

Intended Audience

Nurses, physicians and pharmacists who care for orthopaedic patients in the acute care setting, office and outpatient clinic.

Program

Welcome

Timothy J. Hunt, MD

AAOS Allied Health Program Director

Marjorie G. Kulesa, RN, BS, ONC, CNOR

NAON President

Introduction

Terri St. John, MSN, RN, ONC

Ryan M. Nunley, MD

8:15 a.m.

The Ponseti Method of Clubfoot Treatment and the Minimally Invasive Method for Correcting Congenital Vertical Talus

Matthew B. Dobbs, MD

Objectives

1. Compare the benefits of non-operative treatment for clubfoot deformity with more traditional surgical interventions.
2. Explain current treatment principles for congenital vertical talus foot deformity in the newborn.

8:50 a.m.

Managing the Parents of Patients After Casting for Clubfoot

Kristina Porter, RN, BSN

Objectives

1. Examine parental concerns with bracing protocol for clubfoot.
2. Identify education aspects for parental understanding related to the Ponseti method of clubfoot treatment.

9:25 a.m. Assessing, Diagnosing and Treating Adolescent Idiopathic Scoliosis

Ambré L. Huff, MSN, PNP-BC

Objectives

1. Define adolescent idiopathic scoliosis.
2. List three treatment options for adolescent idiopathic scoliosis.

9:55 a.m. ACL Surgery Past, Present and Future

Anil Ranawat, MD
Benjamin Gelfand, DPT, SCS

Objectives

1. Explain past and present techniques in ACL surgery.
2. Delineate future trends in ACL surgery.

10:25 a.m. Break

10:40 a.m. Managing the Young Adult Hip Patient: Conservative and Surgical Options

Ryan M. Nunley, MD

Objectives

1. Discuss evaluative techniques for the young adult patient with hip and groin pain.
2. Compare conservative and operative options for young adult patients with hip and groin pain.

11:15 a.m. The Use of Nutritional Supplements/Vitamins and the Role They Play in Arthritis and/or Osteoporosis Prevention in the Adult and Geriatric Population

Michael E. Collins, BS, PharmD

Objectives

1. Identify the nutritional supplements/vitamins that are generally used for prevention of arthritis and/or osteoporosis.
2. Differentiate the roles that nutritional supplements/vitamins play in arthritis and/or osteoporosis prevention.

11:45 a.m. Do You Know Your T-score and What Are We Going to Do About It?

Kris Todd, FNP, ONP-C, CCD

Objectives

1. Identify patients at risk for osteoporotic fractures using clinical risk factors and bone mineral density testing.
2. Relate current guidelines for screening of patients at risk to individualized treatment plans for patients with osteoporosis.

12:15 p.m. Discussion/Questions

12:30 p.m. Adjournment