

Wednesday, March 10, 2010

1:30 p.m. – 5:45 p.m.

Morial Convention Center, Room R09

Course Co-Chairs

Terri St. John, MSN, RN, ONC

Ryan M. Nunley, MD

Overview

Upper extremity disorders and injuries include congenital/developmental disorders, sports injuries, fractures and other trauma, and arthritis. A variety of treatments will be addressed and may include arthroplasty, reconstruction, open reduction/internal fixation, closed reduction or other non-surgical methods for the orthopaedic management of upper extremity conditions.

Intended Audience

Nurses, physicians and occupational therapists who care for orthopaedic patients in the acute care setting, office and outpatient clinic.

Program

Welcome

Timothy J. Hunt, MD

AAOS Allied Health Program Director

Marjorie G. Kulesa, RN, BS, ONC, CNOR

NAON President

Introduction

Terri St. John, MSN, RN, ONC

Ryan M. Nunley, MD

1:30 p.m.

From Tennis Elbow to Skier's Thumb: An Anatomical Basis for Weekend Warrior Upper Extremity Injuries

Fraser J. Leversedge, MD

Objectives

1. Review the pertinent anatomy and pathology of common upper extremity injuries.
2. Discuss the anatomical basis for diagnostic evaluation and treatment of common upper extremity injuries.

- 2:05 p.m. Congenital Hand Deformities in Your Practice: Evaluating and Treating**
J. Megan M. Patterson, MD
- Objectives**
1. Recognize common congenital hand deformities.
 2. Describe treatment options for common congenital hand deformities.
- 2:45 p.m. Fractures of the Distal Radius: Evidence-based Medicine 2010**
Ryan P. Calfee, MD
- Objectives**
1. Describe how fracture patterns of the distal radius impact treatment decisions.
 2. Analyze the evidence behind current trends in the treatment of distal radius fractures.
- 3:20 p.m. Break**
- 3:35 p.m. A Therapist's Perspective of Upper Extremity Treatment**
Melissa Peavey, OTR, CHT
- Objectives**
1. Define the occupational hand therapist's role in treatment after upper extremity surgery.
 2. Contrast the differences between current distal radius fracture treatment and previous treatments.
- 4:15 p.m. Shoulder Arthroplasty Options**
Jay D. Keener, MD
- Objectives**
1. Differentiate between conventional and reverse total shoulder arthroplasty.
 2. Predict clinical results of shoulder arthroplasty and time to recovery following surgery.
- 4:50 p.m. Young Adult Shoulder from Overhead Athlete to Weekend Warrior**
Charles L. Cox, MD
- Objectives**
1. Describe the pathoanatomy and pathophysiology associated with shoulder dysfunction in young adults.
 2. Discuss evaluation, diagnosis and treatment strategies for commonly encountered clinical conditions of the shoulder with a focus upon non-operative methods.
- 5:30 p.m. Discussion/Questions**
- 5:45 p.m. Adjournment**