

Thursday, March 11, 2010

8:15 a.m. – 12:30 p.m.

Morial Convention Center, Room R09

Course Co-Chairs

Deirdre Bryant-Hundley, RN, MSN

James Lalonde, Jr., MD

Overview

Lower extremity disorders and injuries include congenital/developmental disorders, sports injuries, fractures and other trauma, and arthritis. Discussion of treatment options may include arthroplasty, reconstruction, open reduction/internal fixation, closed reduction, or other non-surgical methods for orthopaedic management of lower extremity conditions.

Intended Audience

Nurses, physician assistants, physicians and physical therapists who are involved in treating pain in the orthopaedic patient.

Program

Welcome

Timothy J. Hunt, MD

AAOS Allied Health Program Director

Marjorie G. Kulesa, RN, BS, ONC, CNOR

NAON President

Introduction

Deirdre Bryant-Hundley, RN, MSN

James Lalonde, Jr., MD

8:15 a.m.

Outpatient Total Joint Replacement (TJR) – Changing the Way We Think About Joint Surgery

Richard Berger, MD

Objectives

1. Discuss the emerging trends in TJR.
2. Compare the pros and cons of sending TJR patients home on the day of surgery.

- 8:50 a.m. Dual Incision Hip Arthroplasty: The Assistant's Role**
Gerald Nelson, OPA-C
- Objectives**
1. Identify the role of the assistant in pre-operative teaching and surgical assisting in dual incision total hip arthroplasty.
 2. Identify recovery points in post-operative rehabilitation of dual incision total hip arthroplasty patients.
- 9:30 a.m. Muscle Sparing Hip Replacement: Doing It Safely with Surgical Navigation!**
Joseph P. Nessler, MD
- Objectives**
1. Differentiate between Limited Incision Surgery (LIS) and Muscle Sparing Surgery (MSS) as it relates to total hip arthroplasty.
 2. Identify the added benefits of utilizing surgical navigation to minimize complications associated with hip replacement.
- 10:05 a.m. Break**
- 10:20 a.m. Knee Arthroplasty, Beyond ROM: Identifying and Treating Factors that Impact Function and Quality of Life**
Matt Janes, PT, DPT, MHS, OCS, CSCS
Dawn Widmer-Greaves, PT
- Objectives**
1. Analyze factors that promote or inhibit knee range of motion and their overall impact on functional ability and quality of life.
 2. Describe strategies and techniques associated with assessing functional and compensatory changes in patients recovering from knee arthroplasty.
- 11:00 a.m. Ankle Arthritis Treatment Options in 2010**
James Lalonde, Jr., MD
- Objectives**
1. Compare the causes and problems associated with the treatment of ankle arthritis to other joints in the human body.
 2. Discuss treatment options for ankle arthritis covering conservative and surgical treatment with an emphasis on ankle fusions versus ankle replacement surgeries.
- 11:35 a.m. Complex Orthopaedic Trauma**
Douglas W. Lundy, MD, FACS
- Objectives**
1. Contrast the similarities, differences and morbidity among the different severe lower extremity injuries, including tibial plafond, talar and calcaneal fractures.
 2. Explain how “damage-control orthopaedics” benefits the severely injured patient.
- 12:15 p.m. Discussion/Questions**
- 12:30 p.m. Adjournment**