

**Table 1 Mean preoperative and postoperative measures**

<b>Measure</b>	<b>Preoperative mean</b>	<b>Postoperative mean</b>	<b>P value</b>
UCLA score	18.4	29.8	0.0001
Pain score	8.8	1.3	0.0001
Forward flexion	116°	167°	0.0001
Range of motion in external rotation	43°	51°	0.0001
Strength	2.6	4.2	0.0001
Constant score	53.8	87.3	0.0001