

Table 1: Isometric and isokinetic test results

Test	Involved	Non-Involved	Percentage	p-value
Extension				
60 degrees/sec	79.71 ± 30.60	86.49 ± 18.89	94.31 ± 38.43	0.42
180 degrees/sec	49.61 ± 21.22	46.12 ± 18.18	107.87 ± 24.05	0.29
Isokinetic flexion				
60 degrees/sec	43.78 ± 11.61	49.36 ± 12.25	93.68 ± 36.41	0.12
180 degrees/sec	22.86 ± 11.49	25.00 ± 12.84	96.22 ± 24.12	0.13
Isometric flexion				
30 degrees neutral	54.04 ± 20.40	68.76 ± 19.44	78.10 ± 15.87	<0.001
30 degrees internally rotated	47.58 ± 20.32	60.37 ± 17.81	78.71 ± 22.96	0.004
90 degrees neutral	29.26 ± 10.93	46.54 ± 9.31	64.20 ± 25.42	<0.001
90 degrees internally rotated	27.27 ± 12.93	40.94 ± 9.32	65.22 ± 26.99	<0.001
Hop	44.67 ± 11.42	47.04 ± 10.28	94.60 ± 9.98	0.07
Vertical jump	10.86 ± 3.41	11.49 ± 3.12	94.13 ± 12.75	0.10
Knee flexion lag	14.25 ± 6.69	12.75 ± 7.36		0.49

Bold-faced percentages are substantial decreases in knee flexion strength as measured by isometric testing.