Welcome Remarks
Assess the relationship of evidence-based diagnostic approaches
Update their knowledge about recent research in the field of
PCL Session
Designation
20 Arthroscopy Association of North America
Venetian Ballroom D
Saturday, March 28, 2015

Statement of Need
The 2015 AANA Specialty Day is designed to enhance the know-
ledge of diagnosis and treatment alternatives relevant to the entire
array of arthroscopic practice. The program focuses upon surgical
methods and technical pearls which translate into improved practice
performance and patient outcomes.

Target Audience
The primary target audience of the Arthroscopy Association of North
America’s Specialty Day is members and non-members who desire
to improve their arthroscopic knowledge and skill.

Overall Learning Objectives
Upon completion of the activity, participants will:

• Review and apply basic knowledge and skills in arthroscopic
surgery.
• Update their knowledge about recent research in the field of
arthroscopic surgery.
• Assess the relationship of evidence-based diagnostic approaches
to various intra-operative and post-operative issues.
• Develop new clinical skills to improve their everyday practice of
arthroscopic surgery.

Accreditation
The Arthroscopy Association of North America is accredited by the
Accreditation Council for Continuing Medical Education (ACCME) to
provide continuing medical education for physicians.

AMA PRA Category 1 Credit™ Designation
The Arthroscopy Association of North America designates this live
education activity for a maximum of 5.75 AMA PRA Category 1
Credits™. Physicians should only claim credit commensurate with
the extent of their participation in the activity.

Disclaimer for all Programs
The methods, techniques and procedures demonstrated and the
views and opinions expressed by the speakers, presenters and
faculty are their own, and do not necessarily represent those of the
Arthroscopy Association of North America (AANA), nor does pre-
sentation on the program represent or constitute endorsement or
promotion by AANA. The information provided in this CME activity
is for continuing medical education purposes only and is not meant
to substitute for the independent medical judgment of a health care
provider relative to the diagnostic, management, and treatment op-
tions of a specific patient’s medical condition.

Faculty Disclosure of Relevant Financial Relationship(s)
In accordance with the Accreditation Council for Continuing Medical
Education’s Standards for Commercial Support™, all CME providers
are required to disclose to the activity audience the relevant finan-
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relationship in any amount occurring in the last 12 months with a
commercial interest whose products and services are discussed in the
CME activity content over which the individual has control. In
accordance with the AANA policy, faculty participation in this educa-
tional activity will be predicated upon timely submission and review
of AANA disclosure. AANA has implemented mechanisms, prior to
the planning and implementation of this CME activity, to identify
and mitigate conflicts of interest for all individuals in a position to
control the content of this CME activity. All Conflict of Interest Disclo-
sures will be provided in the Final Program which will be distributed
onsite at the meeting to all program participants.

March 28, 2015
Venetian/Sands EXPO
Venetian Ballroom E
7:00 AM – 12:00 PM

Combined AANA/ AOSSM/ ASES Session
For General Information, See Page 6
7:00 am – 7:05 am  Welcome Remarks
Augustus D. Mazzocca, MD, MS;
Kevin D. Plancher, MD
Felix H. Savoie III, MD
John M. Tokish, MD

7:05 am – 7:35 am  PCL Session
17-year-old Soccer Goalie With Acute PCL, Grade 2 MCL

Moderator: Darren L. Johnson, MD
Eric C. McCarty, MD
Mark D. Miller, MD
Bruce A. Levy, MD
Robert F. LaPrade, MD
Louis McIntyre, MD

Pro – Non-Operative Management and
Return to Play: (5 Min) McCarty

Pro – Open Inlay: My Way (5 Min) Miller

Pro – Arthroscopic Inlay: My Way (5 Min)
Levy

Pro – Double Bundle Technique, It’s Easy
(5 Min) LaPrade

Pro – Ethical Coding of PCL Injuries (5
Min) Louis McIntyre

Panel Wrap Up with Moderator (5 Min)
Johnson
7:35 am – 8:05 am  **Instability Session**

**Anterior Dislocated Shoulder: 18-year-old Collision Athlete With No Bone Loss**

**Moderator:** Richard J. Hawkins MD  
Robert A. Arciero, MD  
Russell F. Warren, MD  
Pascal Boileau, MD  
Richard Friedman, MD

- **Pro – Fix it: Pearls for a Successful Arthroscopic Repair** (6 Min) *Arciero*
- **Pro – Fix It: Open Bankart Repair: It’s the Only Way** (6 min) *Warren*
- **Pro – Latarjet Repair** (6 min) *Boileau*
- **Pro – Ethical Coding** (6 min) *Friedman*
- **Panel Wrap Up with Moderator** (6 min) *Hawkins*

8:05 am – 8:45 am  **Rotator Cuff Session**

**48-year-old Active Male, Overhead Worker, 10+ Years On/Off Shoulder Pain, Always Responded to Injections. Mild Work Injury, Increasing Pain, MRI Shows Supraspinatus Tear with Grade 2 Atrophy, Acute Infraspinatus Tear with No Atrophy.**

**Moderator:** Robert Bell, MD  
Christian Gerber, MD  
Peter J. Millett, MD  
Nicholas GH Mohtadi, MD, MSc, FRCSC  
Reuben Gobezie, MD  
William R. Beach, MD  
Jon JP Warner, MD

- **Pro – Fix Open With Tendon Transfers** (5 min) *Gerber*
- **Pro – Arthroscopic Repair All Inside** (5 min) *Millett*
- **Pro – Rehab the patient: The Supraspinatus Will Not Heal or Function—It Will Fail!** (5 Min) *Mohtadi*
- **Pro – Reverse Shoulder Prosthesis Acutely—The Rotator Cuff Will Not Work!** (5 Min) *Gobezie*
- **Pro – Ethical Coding: Relevance of the AAOS CPG and AUC to This Patient: Guide to Correct Treatment or Ethical Dilemma** (5 Min) *Beach*
- **Panel Wrap Up with Moderator** (5 min) *Bell*

8:45 am – 9:10 am  **Healthcare Update 2014**

Quality over Quantity/ICD 10 and In-Network: How to Survive—Hospital-based Employee vs. Private Practice and Surviving Just Fine

**Moderator:** Jack M. Bert, MD  
Louis McIntyre, MD  
Evan L. Flatow, MD  
William R. Beach, MD  
Bernard F. Morrey, MD

- **Debate:** Private vs. Hospital Based Employee *McIntyre vs Flatow* (10 Min)
- **Mini-Lecture:** ICD 10 in the Office: What You Need to Know *Beach* (10 Min)
- **Quality over Quantity: Being the Doctor Again and Demanding It** *Morrey* (5 Min)

9:10 am – 9:35 am  **Ortho-biologics 2014: The Evolving Frontier**

Science—Who’s Paying for It?

**Moderator:** Augustus D. Mazzocca, MD, MS  
C. Thomas Vangsness, MD  
Allan Mishra, MD  
Kevin D. Plancher, MD  
Stephen C. Weber, MD

- **Pro – Viscosupplementation: Can We Still Offer It?** (5 min) *Vangsness*
- **Pro – Plasma Rich Protein: Is It Efficacious and for Whom?** (5 min) *Mishra*
- **Pro – Bone Marrow Aspirate Concentrate: New Kid on the Block** (5 Min) *Plancher*
- **Pro – Ethical Coding: How Is It Possible? Cash Only?** (5 Min) *Weber*
- **Panel Wrap Up with Moderator** (5 Min) *Mazzocca*

9:35 am – 9:50 am  **Break**
9:50 am – 10:15 am  **Biceps/SLAP Session**

38-year-old Gardner Pain, Dominant Shoulder Grade 2
Osteoarthritis, Partial Articular Surface Tear, No Weakness, Type 3 SLAP

**Moderator:** Richard KN Ryu, MD
  David M. Lintner, MD
  Felix H. Savoie III, MD
  John M. Tokish, MD
  Dante Brittis, MD

Pro – Rehabilitation—No Surgery Necessary (5 Min) Lintner
Pro – Fix It Arthroscopically with Suture Anchors (5 min) Savoie
Pro – Biceps Tenodesis: Mini-Open (5 min) Tokish
Pro – Ethical Coding (5 min) Brittis
Panel Wrap Up with Moderator (5 min) Ryu

10:15 am – 10:50 am  **ACL/Meniscus Session**

17-year-old Female with Acute ACL Tear and Focal 1.5 cm Osteochondral Lesion Lateral Femoral Chondyle and Lateral Meniscus Tear and Concerned About Return to Play

Treatment of OCD and Meniscus

**Moderator:** Kurt P. Spindler, MD
  Freddie H. Fu, MD
  Elizabeth A. Arendt, MD
  Andreas B. Imhoff, MD
  John W. Xerogeanes, MD
  Thomas R. Carter, MD
  John C. Richmond, MD

Pro – Double Bundle Is Best (5 Min) Fu
Pro – BTB Autograft Is Best (5 Min) Arendt
Pro – Hamstring Autograft Is Best (5 Min) Imhoff
Pro – Quad Tendon Is Best (5 Min) Xerogeanes
Pro – Allograft Works: What’s the Fuss About? (5 Min) Carter
Pro – Ethical Coding (5 min) Richmond
Panel Wrap Up with Moderator (5 min) Spindler

10:50 am – 11:20 am  **Cartilage Issues of the Knee, Shoulder, and Elbow Session**

Treatment of Knee, Shoulder, and Elbow Osteoarthritis Non-Arthroplasty Methods

**Moderator:** Brian J. Cole, MD, MBA
  Nicholas A. Sgaglione, MD
  Scott D. Gillogly, MD
  Michael G. Ciccotti, MD
  new speaker, TBD

Pro – Microfracture vs. Osteoarticular Transfer System (6 min) Sgaglione
Pro – ACI in the Shoulder Can Successfully Treat Osteoarthritis (6 Min) Gillogly
Pro – OCD in the Elbow: My Treatment Regime (6 Min) Ciccotti
Pro – What a Knee Guy Can Teach Us About Cartilage Lesions in the Shoulder and Elbow (6 Min) ElAttrache
Panel Wrap Up with Moderator: How to Get This Reimbursed (6 Min) Cole

11:20 am – 12:00 pm  **Complications of Knee, Shoulder, and Elbow Surgery Session**

**Moderator:** James R. Andrews, MD
  Julie A. Dodds, MD
  Russell F. Warren, MD
  Beth E. Shubin Stein, MD
  Robert H. Cofield, MD
  Anthony A. Romeo, MD
  Jesse B. Jupiter, MD
  John E. Conway, MD

Pro – Overview/AANA Complications Survey (5 Min) Dodds
Pro – The Knee
  ACL Revision Complication (5 Min) Warren
  Patellofemoral: MPFL complication (5 min) Shubin Stein
Pro – The Shoulder
  TSA Complication (5 Min) Cofield
  Biceps Tenodesis Complication (5 Min) Romeo
Pro – The Elbow
  Supracondylar Fracture Dislocations: Complication (5 Min) Jupiter
  Tommy John Surgery Complication (5 Min) Conway
Panel Wrap Up with Moderator (5 Min) Andrews
12:00 pm – 12:05 pm  Wrap Up and Remarks
Robert A. Arciero, MD (AOSSM)
William R. Beach, MD (AANA)
Robert H. Bell, MD (ASES)

12:05 pm – 1:00 pm  Lunch

Saturday, March 28, 2015
Venetian/Sands EXPO
Venetian Ballroom D
1:00 PM - 5:00 PM

AANA Specialty Day Program

Welcome and Opening Remarks
William R. Beach, MD, AANA President
John M. Tokish, MD, AANA Education Committee Chairman

1:00 pm – 1:45 pm  Session I: Symposium: The Crisis of Practice Preservation

Bullied, Bundled and Broke: How the Regulators are Hijacking Your Practice Without You Even Knowing

Moderator: William R. Beach, MD

Faculty:
AANA: Louis F. McIntyre, MD,
Jack M. Bert, MD,
Richard C. Mather, III, MD
David A. Halsey, MD (BOS Chair)
Joshua Jacobs, MD

Symposium Concepts:
Clinical Practice Guidelines: How the Government and Insurers are Using These Against You

When You Can't Trust Level 1 Evidence: Is Meniscectomy an EXPERIMENTAL Procedure? Really?

Performance Measures: The Key to Quality or a Fleecing of Your Practice?

How Do We Standardize Care and Preserve the Physician's Autonomy at the Same Time?

1:45 pm – 3:15 pm  Session II: Shoulder

Moderators: Jeffrey S. Abrams, MD and Robert T. Burks, MD

1:45 pm – 2:05 pm  Shoulder Instability: Approaching the Moderate Sized “Off-Track” Hill Sachs Lesion

1:45 pm  Address Where the Pathology Is: Scope With Remplissage
John D. Kelly, IV, MD

1:50 pm  Treat a Bony Problem With a Bony Solution: Latarjet
Brian J. Cole, MD, MBA

1:55 pm  Stop the Nonsense: Open Inferior Capsular Shift
Russell F. Warren, MD

2:00 pm  Question and Answer Session

2:05 pm – 2:20 pm  Spotlight on Coding: Defending Against the Devaluation of Your Practice: Wake Up and Prepare!
Louis F. McIntyre, MD

2:20 pm – 2:40 pm  Decision Making in Acute AC Joint Instability: Why We Keep Missing the Point
W. Benjamin Kibler, MD

2:25 pm  Arthroscopic-Assisted Anatomic Reconstruction: How to Finally Get this Right
Brian J. Cole, MD, MBA

2:30 pm  Not Even Anatomy Will Save You: Why You Need the Hook Plate
Spero G. Karas, MD

2:35 pm  Question and Answer Session

2:40 pm – 3:00 pm  Partial Thickness Tears in the Thrower: Which Ones to Fix and How to Get Them Right?
John E. Conway, MD

2:45 pm  The Failed Double Row: Why this Tear Deserves Your Attention and How to Deal With It
Matthew T. Provencher, MD

2:50 pm  Patches and Scaffolds for the Rotator Cuff: Bridge to Healing or Bridge to Nowhere?
Ian KY Lo, MD

3:00 pm  Question and Answer Session

3:00 pm – 3:15 pm  SLAP Tear/ Biceps

3:05 pm  Who the SLAP Tear Must be Repaired in
Anthony A. Romeo, MD

3:10 pm  Question and Answer Session

3:15 pm – 3:30 pm  Break
<table>
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<tr>
<th>Time</th>
<th>Session III: Hip</th>
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| 3:30 pm      | **Restoring Rotation of the Hip with Arthroscopy:**  | 4:25 pm  | **PRP: Emerging Science or Snake Oil? State of the Art in 2015**  
|              | Critical lessons that make all the difference        |          | **Jason L. Dragoo, MD**               |
|              | *Dean K. Matsuda, MD*                                 | 4:30 pm  | **Meniscal Root Tears: Find ‘em and Fix ‘em**  
| 3:35 pm      | **The Subgluteal Space:**  Arthroscopic Pearls and   |          | *Robert F. LaPrade, MD*               |
|              | Pitfalls for This Pain in the...                      | 4:40 pm  | **Meniscal Root Tears: You Are Missing the Point**  
|              | *Hal D. Martin, DO*                                   |          | *Donald K. Shelbourne, MD*             |
| 3:40 pm      | **It Doesn’t Matter if You Can’t Get it Covered:**    | 4:45 pm  | **Question and Answer Session**         |
|              | Advocacy in Hip Arthroscopy                           |          |                                       |
|              | *John J. Christoforetti, MD*                           | 4:50 pm  |                                       |
| 3:45 pm      | **Question and Answer Session**                       |          |                                       |
| 3:50 pm – 5:00 pm | **Session IV: Hot Topics in Knee Surgery**  |          | **Scaffolds and Stem Cells: Are America’s Patients Suffering Because of Over Regulation?**  
|              | **Moderators:** John C. Richmond and Nicholas A. Sgaglione, MD |          | *Brian J. Cole, MD, MBA*              |
| 3:50 pm – 4:05 pm | **Meniscus: Hot Topics**                              |          | **Question and Answer Session**         |
| 3:50 pm      | **Meniscal Root Tears: Find ‘em and Fix ‘em**         | 4:55 pm  |                                       |
|              | *Robert F. LaPrade, MD*                               | 5:00 pm  |                                       |
| 3:55 pm      | **Meniscal Root Tears: You Are Missing the Point**    |          |                                       |
|              | *Donald K. Shelbourne, MD*                            |          |                                       |
| 4:00 pm      | **Question and Answer Session**                       |          |                                       |
| 4:05 pm – 4:25 pm | **ACL: Hot Topics**                                   |          |                                       |
| 4:05 pm      | **The Allograft ACL Under 25: Solid Option**          |          |                                       |
|              | *F. Alan Barber, MD*                                  |          |                                       |
| 4:10 pm      | **The Allograft ACL Under 25: Are You Kidding Me?**   |          |                                       |
|              | *Craig R. Bottoni, MD*                                |          |                                       |
| 4:15 pm      | **The ALL Reconstruction: Key Discovery or Much Ado About Nothing?**  
|              | *Robert B. Litchfield, MD*                            |          |                                       |
| 4:20 pm      | **Question and Answer Session**                       |          |                                       |
| 4:25 pm – 4:40 pm | **Articular Cartilage: Hot Topics**                   |          |                                       |

Return to Sport With A Large Chondral Defect: What Technique Should I Use?  
*Kai Mithofer, MD*  
Why the CPG Has It Wrong: Arthroscopy’s Key Role in the Treatment of OA  
*Douglas J. Wyland, MD*  
Question and Answer Session  
Spotlight on Orthobiologics: What You Must Know  
SPR: Emerging Science or Snake Oil? State of the Art in 2015  
*Jason L. Dragoo, MD*  
Stem Cells in Orthopedics: Science or Science Fiction?  
*Constance Chu, MD*  
Scaffolds and Stem Cells: Are America’s Patients Suffering Because of Over Regulation?  
*Brian J. Cole, MD, MBA*  
Adjourn