

Flash Five® Faculty Instructions

What is a Flash Five® session and how does it work?

This one-hour, fast-paced session delivers **bursts of practical knowledge in five-minute presentations** on topics benefiting orthopaedic surgeons. Each Flash Five® session features **one moderator and 5 presenters**, with each presenter delivering one focused, 5-7 minute presentation.

The moderator provides opening and closing remarks, introduces presenters, manages transitions, and keeps the session on schedule.

Faculty: 1 moderator + 5 presenters.

Your Role: Flash Five® Presenter.

Presentation Length: 5-7 minutes.

Session Length: 60 minutes.

Handout: No handout is required.

Your Role as Faculty

As a Flash Five® presenter, your role is to deliver a **focused, engaging, and practical burst of knowledge in five minutes**.

With only 5-7 minutes to present, your content should be concise and centered on the most important information attendees should understand or take back to their practice.

Before the Annual Meeting

- Complete all required faculty forms by the designated deadline.
- Communicate with the moderator to confirm your assigned topic and presentation order.
- Review the session learning objectives and ensure your presentation supports the overall session.
- Prepare a focused presentation that can be delivered comfortably within **the allotted presentation time limit**.

- Identify a small number of meaningful, practical takeaways for attendees.
- Coordinate with the moderator as needed to avoid unnecessary overlap with other presenters.
- Review your presentation for balance, bias, and commercialism.
- Pre-submit your audiovisual presentation according to the instructions provided by AAOS.
- Practice and time your presentation in advance to ensure it does not exceed **time limit**.

No Handout Required

A handout is **not required** for Flash Five® sessions.

Preparation should instead focus on creating a concise, high-impact presentation that delivers clear educational takeaways within the five-minute format.

During Your Session

Each faculty member delivers one focused five-minute presentation as part of the fast-paced Flash Five® format.

1. Be Ready to Present

Know your place in the presentation order and be prepared to begin promptly when introduced by the moderator.

2. Deliver Your Five-Minute Presentation

Present your assigned topic clearly and concisely while staying within the strict **5-7 minute time limit**.

3. Focus on Key Takeaways

Prioritize the most meaningful information rather than trying to cover every aspect of your topic.

4. Keep the Pace

Follow the moderator's timing cues and conclude promptly so the next presenter can begin.

5. Support the Full Session

Remain for the entire session and support your fellow presenters throughout the **60-minute program**.

Maintaining Balance & Managing Disclosures

As faculty, your presentation should remain **fair, balanced, evidence-based, and free of commercial bias.**

- Avoid promotion of a specific company's product, device, or treatment.
- When discussing products, techniques, or treatment options, acknowledge appropriate alternatives.
- Distinguish personal clinical experience or opinion from established evidence when appropriate.
- Clearly identify emerging or new content that is not yet supported by established evidence.
- Be mindful of your disclosed relationships when presenting.

Faculty disclosures will be displayed at the start of the session and will also be available through AAOS Annual Meeting resources.

Day-of Reminders

- Check in at the **Speaker Ready Room** in sufficient time to review and confirm your presentation.
- Arrive at the session room **30 minutes early** to become familiar with the room and audiovisual setup and connect with the moderator.
- Confirm your position in the presentation order.
- Attend the entire **60-minute session**.
- Be ready to present as soon as you are introduced.
- Stay within the strict **5-7 minute presentation limit**.
- Follow all timing cues provided by the moderator.
- Keep your presentation focused, practical, and educational.

Questions?

For questions regarding your Flash Five® session, please contact the AAOS Education team.

Kimi Jalali

Education Coordinator

kjalali@aaos.org

(847) 384-4081

April Holmes

Director, Live Events Education

holmes@aaos.org

(847) 384-4189