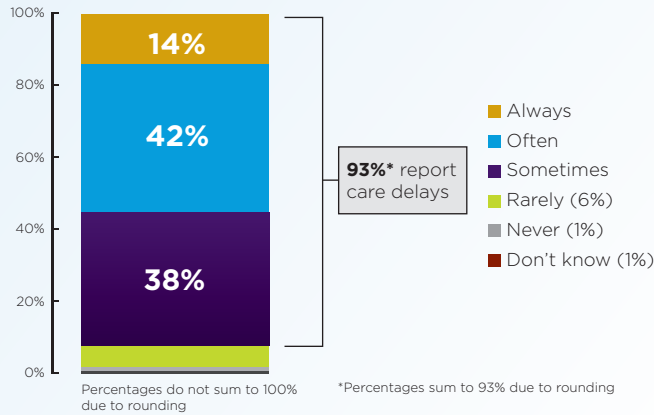


## Patient impact

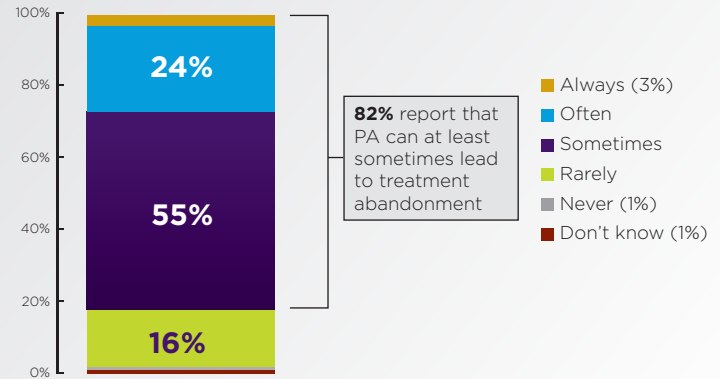
### Care delays associated with PA

**Q:** For those patients whose treatment requires PA, how often does this process delay access to necessary care?



### Abandoned treatment associated with PA

**Q:** How often do issues related to the PA process lead to patients abandoning their recommended course of treatment?



## PA and patient harm



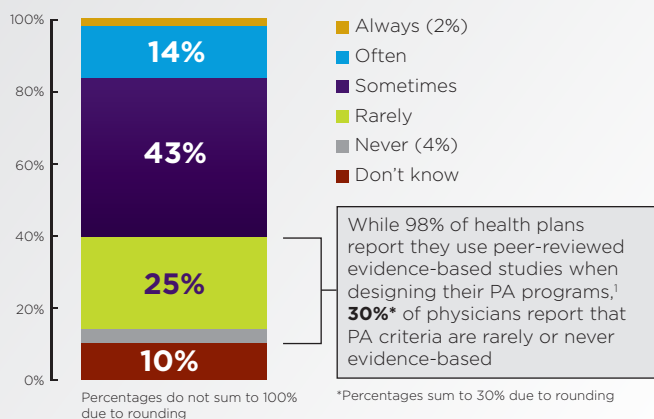
**34% of physicians** report that PA has led to a **serious adverse event** for a patient in their care.

- 24%** of physicians report that PA has led to a patient's hospitalization.
- 18%** of physicians report that PA has led to a life-threatening event or required intervention to prevent permanent impairment or damage.
- 8%** of physicians report that PA has led to a patient's disability/permanent bodily damage, congenital anomaly/birth defect or death.

(See below, Survey question "A.")

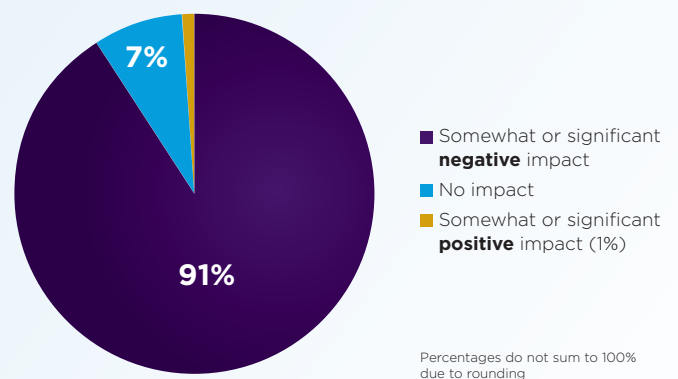
### Clinical validity of PA programs

**Q:** How often are health plans' PA criteria based on evidence-based medicine and/or guidelines from national medical specialty societies?



### Impact of PA on clinical outcomes

**Q:** For those patients whose treatment requires PA, what is your perception of the overall impact of this process on patient clinical outcomes?



## Physician impact

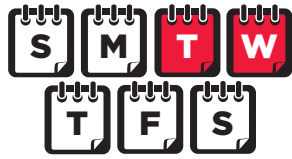
On average, practices complete

**41**

**PAs per physician, per week**

(See below, Survey question "B.")

Physicians and their staff spend an average of



**almost two business days** (13 hours) each week completing PAs

(See below, Survey question "C.")



**Two in five** or **40%**

of physicians have staff who work exclusively on PA

(See below, Survey question "D.")

**88%**

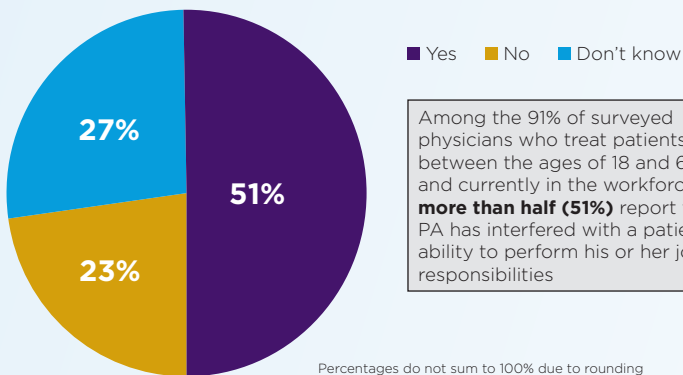
of physicians describe the burden associated with PA as high or extremely high

(See below, Survey question "E.")

## Employer impact

**Is PA really a "bargain"?** In an effort to reduce costs, employers may choose health plans with numerous PA requirements. However, if PA-related care delays and treatment abandonment lead to negative clinical outcomes, patients may miss work or not be as productive—hurting employers' bottom line in the long run. Surveyed physicians report that PA can impact a patient's work performance.

**Q:** Consider your patients in the workforce. Has the PA process ever interfered with a patient's ability to perform his/her job responsibilities?



Among the 91% of surveyed physicians who treat patients between the ages of 18 and 65 and currently in the workforce, **more than half (51%)** report that PA has interfered with a patient's ability to perform his or her job responsibilities



### Survey questions

- Serious adverse event:** In your experience, has the PA process ever affected care delivery and led to a serious adverse event (e.g., death, hospitalization, disability/permanent bodily damage, or other life-threatening event) for a patient in your care?
- Number of PAs:** Please provide your best estimate of the number of prescription and medical services PAs completed by you yourself and/or your staff for your patients in the last week. Do not include PAs that practice staff completed for the patients of other physicians in your practice.
- Time to complete PAs:** Thinking about all of the PAs you and your staff completed in the last week, please provide your best estimate of the number of hours spent on processing these PAs. Do not include PAs that practice staff completed for the patients of other physicians in your practice.
- Practice resources for PA workload:** Do you have staff members in your practice who work exclusively on PA?
- Practice burden:** How would you describe the burden associated with PA in your practice?

### Survey methodology

- Forty question, web-based survey administered in December 2021
- Sample of 1,004 practicing physicians drawn from M3 panel
- Forty percent primary care physicians/60% specialists
- Sample screened to ensure that all participating physicians:
  - Are currently practicing in the United States
  - Provide 20+ hours of patient care per week
  - Complete PAs during a typical week of practice

### Reference

- AHIP Key Results of Industry Survey on Prior Authorization available at: [https://www.ahip.org/documents/Prior\\_Authorization\\_Survey\\_Infographic.pdf](https://www.ahip.org/documents/Prior_Authorization_Survey_Infographic.pdf)

For information on the AMA's PA advocacy efforts, visit [ama-assn.org/prior-auth](https://ama-assn.org/prior-auth).