

21st Annual AAOS/AOSSM/AANA SPORTS MEDICINE COURSE

February 23 – 27, 2020 • Park City, UT

Brian J. Cole, MD, MBA
CAPT (Ret.) Matthew T. Provencher, MD, MC USNR
Kevin E. Wilk, DPT, PT, FAPTA
Course Directors



**Keeping Patients Active Through Biologics,
Rehabilitation and Contemporary Surgical Techniques**

aaos.org/SportsMed2020

AAOS
AMERICAN ACADEMY OF
ORTHOPAEDIC SURGEONS

aosssm™
American Orthopaedic Society
for Sports Medicine

AANA | ARTHROSCOPY ASSOCIATION
OF NORTH AMERICA

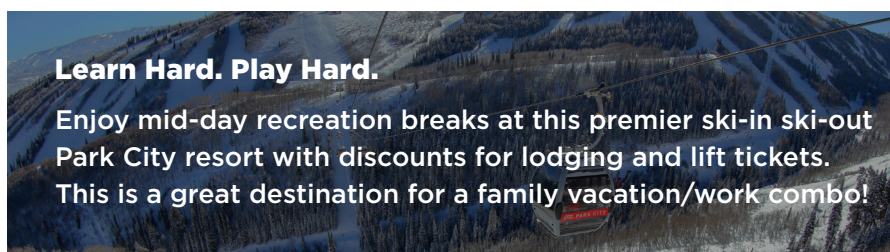
21st Annual AAOS/AOSSM/AANA Sports Medicine Course

Participate - Engage - Ski - Learn

Safely return your active patients to play with innovative treatment strategies and unparalleled sports medicine knowledge for all levels of athletic injury.

Participate in small group case discussions, participant-expert panels, debates and controversies for an interactive experience that engages you with faculty and offers expert solutions to improve your patient outcomes. Each day includes a balance of slopes and sessions. Join your colleagues at this unique event that connects experts across orthopaedic sports medicine, arthroscopy, and rehabilitation through this powerful partnership.

Strengthen team performance! An excellent update for PAs, PTs, OTs, and ATCs, from pre-participation to injury treatment and rehabilitation.



Register early! This course sells out.

Highlights include:

- Top Trending Sports Medicine Topics in 2020
- Emerging and leading-edge technology, orthobiologics, and surgical techniques
- **HANDS-ON!** Optional ultrasound sessions to enhance your diagnostic and therapeutic skills



The Academy would like to thank the **American Orthopaedic Society for Sports Medicine** and the **Arthroscopy Association of North America** for the many contributions made by its members in the presentation of this program. The Academy and orthopaedic specialty societies work together to provide the highest quality educational programs and publications. This cooperative spirit among colleague organizations is an important resource and valuable asset for the orthopaedic community.

SUNDAY, FEBRUARY 23

Evening 3:00 – 8:40pm

2:00 – 3:00pm **Registration**

3:00 pm **Welcome and Introduction**

KNEE JOINT DISORDERS – Case-Based Learning

- Knee Meniscus
- Knee Cartilage
- Patellofemoral Joint

MONDAY, FEBRUARY 24

Morning 6:30 – 10:45am

KNEE LIGAMENTS: FOCUS ON THE ACL – Case-Based Learning

KNEE LIGAMENTS: ALL THE OTHERS – Case-Based Learning

INDUSTRY SPOTLIGHT SESSION*

ENJOY RECREATIONAL BREAK TIME

Afternoon 2:45 – 7:45pm

REHABILITATION FOCUS SESSION + HANDS-ON EXAM DEMOS

- Return to Play for ACL Surgery – How Best to Work with the Surgeon and Their Team to Minimize Chance of Reinjury
- The Painful Shoulder – Nonoperative and Postoperative Rehab for Cuff and Biceps Disorders
- Advanced Rehabilitation Concepts for the ACL Patient and Return to Sport Progressions

INDUSTRY SPOTLIGHT SESSION*

SPORTS MEDICINE AND THE TEAM PHYSICIAN

- How to Do a High School and College Pre-participation Physical
- Supplements: Powders, Pills and Injections
- Team Physician Guidelines and Rules: Advocacy for All Athlete Levels
- Concussions: Practical Sideline Evaluation at All Levels and How To Manage Them When They are in “The Protocol”

ORTHOBIOLOGICS IN SPORTS MEDICINE AND THE MATURING ATHLETE *Supported by the ON Foundation*

TUESDAY, FEBRUARY 25

Morning 6:30 – 10:25am

SHOULDER BICEPS AND CUFF – Case-Based Learning

TIPS OF THE TRADE: VIDEO TECHNIQUE CORNER

- SLAP Tears
- Pain After a Prior Tenodesis
- PT Corner: Rotator Cuff Injuries

ENJOY RECREATIONAL BREAK TIME

“Bar none, this was the best orthopaedic meeting I have attended. If I had to create the perfect conference this was it: practice-changing education from passionate and inspiring faculty who not only provide supportive literature but also provide personal clinical pearls with humility and candor.”

– 2019 Participant

Schedule subject to change.

TUESDAY, FEBRUARY 25, continued

Afternoon 2:45 – 8:35pm

INDUSTRY SPOTLIGHT SESSION*

SHOULDER INSTABILITY AND LABRUM – Case-Based Learning

ADDITIONAL SHOULDER TOPICS – Case-Based Learning

WEDNESDAY, FEBRUARY 26

Morning 6:30 – 10:25am

COMMON SHOULDER AND KNEE SCENARIOS: HOW TO BEST MANAGE – Case-Based Learning

HIP DISORDERS – Case-Based Learning

Optional Hands-On Interventional Ultrasound Sessions

Registration required. See details below.

ENJOY RECREATIONAL BREAK TIME

Afternoon 2:45 – 7:30pm

PT FOCUS SESSION: RETURN TO PLAY GUIDELINES AND TREATMENT

DEALING WITH COMPLICATIONS AND HOW TO BEST AVOID THEM IN THE FIRST PLACE – Panel Discussion

HOW WOULD YOU DO THIS? COMMON TO CHALLENGING SPORTS SURGERY CASES TO IMPROVE OUR GAME – Panel Discussion

THURSDAY, FEBRUARY 27

Morning 7:00 – 9:30am

Optional Hands-On Interventional Ultrasound Sessions

Registration required. See details below.

*Industry Spotlight Sessions are non-CME. Views and products are not endorsed by AAOS, AOSSM, or AANA.

“The energy in this meeting was palpable, I have never seen such phenomenal participation...We worked hard and skied hard in between sessions. There is no doubt I will be registering for next year!”

– 2019 Participant

Enhance Your Experience!

Improve your skills on and off the mountain with these special events, available for an additional fee. Visit aaos.org/SportsMed2020 to learn more.



Interventional Ultrasound Sessions

Wed., Feb. 26, 11:30am – 2:00pm – OR – Thurs., Feb. 27, 7:00 – 9:30am

In these 2.5 hour sessions, your faculty review shoulder, knee, and elbow pathology. Then you perform hands-on live patient exams. Registration is required and is limited to 70 per session. Meal included.



Ski with an Olympian

Spend two hours of your planned recreation time with medal-winning Olympians Phil and Steve Mahre. Pair with attendees at your skiing ability to enjoy guided skiing and tips from the pros. Learn more under Travel and Hotel Information at aaos.org/SportsMed2020

For full schedule and to register, visit aaos.org/SportsMed2020

COURSE DIRECTORS



Brian J. Cole, MD, MBA

Midwest Orthopaedics at Rush, Chicago, IL
Team Physician – Chicago Bulls and Chicago White Sox



CAPT (Ret.) Matthew T. Provencher, MD MC USNR

The Steadman Clinic, Vail, CO



Kevin E. Wilk, DPT, PT, FAPTA

Champion Sports Medicine, Birmingham, AL

FACULTY*

Robert T. Burks, MD

John J. Christoforetti, MD

Jeffrey R. Dugas, MD

Larry D. Field, MD

Rachel M. Frank, MD

Alan Getgood, MD, FRCS (Tr&Orth)

Darren L. Johnson, MD

Aaron John Krych, MD

Lance E. LeClere, MD

Eric C. McCarty, MD

Mark D. Miller, MD

Volker Musahl, MD

Russ Paine, PT

Stephen A. Parada, MD

Kyle R. Pilz, PA-C

Karen Michelle Sutton, MD

John M. Tokish, MD

Samuel Clifton Willimon, MD

*Invited faculty, subject to change

— AOSSM & AANA Members —

Call AAOS Customer Service at 800-626-6726 for member pricing.

How to Register:

1. **Online** at aaos.org/SportsMed2020.
2. **Call** AAOS Customer Service at **1-800-626-6726** from 8:00 am to 5:00 pm CT. Outside U.S. dial **+1-847-823-7186**.
3. **Download** registration form at aaos.org/SportsMed2020. Mail to AAOS, 9400 W. Higgins Rd., Rosemont, IL 60018. Or fax to **1-800-823-8025**. Outside U.S. fax to **+1-847-823-8125**.

Registration Fees

AAOS, AOSSM or AANA Member/Candidate Member/Assoc. Member/Int'l Member **\$1,349**

Resident Member/Post-Residency in Fellowship/PA Member/U.S. Military* **\$949**

AAOS or AOSSM or AANA Emeritus Member **\$849**

Nonmember/Other Physician **\$1,749**

PA Nonmember/Nurse/Allied Health/Athletic Trainer **\$1,249**

Add on! Optional Ultrasound Session (*Select your session when you register online*) **\$199**

*For AAOS/AOSSM/AANA members in active U.S. military duty only

Hotel

Grand Summit Hotel at Canyons Village

4000 Canyons Resort Drive

Park City, UT 84098

Toll-Free: **1-888-416-6195**

Housing Reservation Deadline: January 6, 2020

Accommodation options available at three resorts.

Note: Discounted lift tickets and rentals will be available for guests staying at the Grand Summit.

Accreditation Statement



The American Academy of Orthopaedic Surgeons is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education (CME) for physicians.

AMA Credit Designation

AAOS designates this live activity for 21.5 **AMA PRA Category 1 Credit(s)**[™]. The optional ultrasound session is available for a maximum of 2.5 **AMA PRA Category 1 Credit(s)**[™].

Physicians should claim only the credits commensurate with the extent of their participation in the activity.

Continuing Education for Athletic Trainers



The American Orthopaedic Society for Sports Medicine (BOC AP#: P460) is approved by the Board of Certification, Inc. to provide continuing education to Certified Athletic Trainers. This program is eligible for a maximum of 23.75 Category A hours/CEUs.

ATs should claim only those hours actually spent in the educational program.

This course fulfills one AOSSM or AANA membership meeting requirement.

Cancellation Policy

Days Prior to Course Start Date

30+ days

29 to 15 days

14 days or less

Refund

Registration fee less \$150 cancellation fee

50% refund

No refund