

# SHOULDERING THE BURDEN OF A ROTATOR CUFF INJURY



**NEARLY**  
**2 MILLION** →  
**PATIENTS** seek help for  
rotator cuff injuries every year.

**PROPER TREATMENT**  
**CAN:**



- ✓ **REDUCE** pain
- ✓ **REDUCE** long term costs
- ✓ **RESTORE** quality of life



Approximately  
**1/3**  
of rotator cuff injuries  
require surgery.

**APPROPRIATE USE**  
**CRITERIA**

are informational tools that  
help doctors treat rotator cuff  
injuries effectively.

[www.aaos.org/aucapp](http://www.aaos.org/aucapp)

**EVERY PATIENT**  
**IS UNIQUE.**

To determine which treatment is  
appropriate, doctors consider a  
variety of factors including severity  
of symptoms, patient overall health  
and response to previous treatment.

**THERE ARE 5 COMMON TYPES OF TREATMENT FOR ROTATOR CUFF INJURIES,  
DEPENDING ON THE SEVERITY OF THE INJURY:**

**1**

**NON-  
OPERATIVE:**

Includes  
medications and  
rehabilitation  
efforts

**2**

**PARTIAL  
REPAIR:**

Involves removing  
part of the  
damaged area

**3**

**REPAIR:**

Open or  
arthroscopic  
surgery to  
repair the tear

**4**

**RECONSTRUCT:**

Use of a patch  
or tendon transfer  
to affix the tendon  
to the bone

**5**

**ARTHROPLASTY:**

Orthopaedic  
surgery where the  
surface is replaced,  
remodeled, or  
realigned