General Information

Statement of Need
The need for this activity has been determined based on identifying professional practice gaps, previous course evaluations and the AANA Self Assessment. The educational content of this activity was based upon current issues and topics provided by the Arthroscopy Association of North America planning committees and membership.

Target Audience
The target audience is AANA members and other healthcare professionals who desire to improve their arthroscopic knowledge, competence, performance, and patient outcomes.

Educational Objectives
This comprehensive educational meeting provides learners with opportunities to:
- Examine and apply basic scientific information and technical skills in arthroscopic surgery.
- Update knowledge regarding state-of-the-art advances in arthroscopic surgical treatment and evaluate the current evidence base for diagnosis and clinical management of joint disorders.
- Review their current practice management expertise and develop a plan to increase their expertise and develop new clinical and technical skills to improve the everyday practice of arthroscopic surgery.

Accreditation
This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education. The Arthroscopy Association of North America (AANA) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

AMA PRA Category 1 Credit™ Designation
The Arthroscopy Association of North America designates this live educational activity for a maximum of 7.75 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Allied Health Professionals
AANA is not accredited to offer credit to PAs, NPs, or RNs. To determine if activities offer AMA PRA Category 1 Credit™ for your licensing, continuing education, or certification needs, please contact the relevant organizations directly.

Disclaimer Statement
The methods, techniques, and procedures demonstrated and views and opinions expressed by speakers, presenters and faculty are their own and do not necessarily represent those of the Arthroscopy Association of North America (AANA), nor does presentation on the program represent or constitute endorsement or promotion by AANA.

AANA expressly disclaims any warranties or guaranties, expressed or implied, and shall not be liable for damages of any kind in connection with the material, methods, information, techniques, opinions or procedures expressed, presented or demonstrated.

Disclosure Statement
In accordance with the Accreditation Council for Continuing Medical Education Standards for Commercial SupportSM (SCS 2.3) it is the policy of AANA that all planners, teachers, and authors who are in the position to control the content of an education activity are required to disclose to AANA, the accredited provider and the activity audience, all relevant financial relationships. An individual has a relevant financial relationship if he/she (or spouse/partner) has a financial relationship in any dollar amount that has occurred during the previous 12 months with a commercial interest whose products and services are discussed in the CME activity content over which the individual has control. A commercial interest is defined as any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients. The ACCME Standards for Commercial SupportSM (SCS 2.3) requires accredited CME providers to resolve all identified potential conflicts of interest with any individual in a position to influence and/or control the content of CME activities prior to the education activity being delivered to learners. AANA has implemented mechanisms prior to the planning and implementation of each CME activity, to identify and mitigate conflicts of interest for all individuals in a position to control the content. All Conflict of Interest Disclosures will be provided in the final activity materials provided to the program participants.

7:00 am – 7:05 am Welcome
John C. Richmond, MD and Matthew T. Provencer, MD

7:05 am – 8:25 am Session I: Shoulder Instability

AANA Moderator: John M. Tokish, MD
SOMOS Moderator: Mark Slabaugh, MD, LT COL, USAF, MC

7:05 am My Arthroscopic Anterior Instability Pearls
Richard K.N. Ryu, MD

7:12 am Posterior Instability: What I Can Teach You from the Military for People Who Do Pushups for a Living
Lance E. LeClere, MD

7:19 am Technical Video Spotlight: Posterior and Multidirectional Instability: All My Tricks and Tips for Success
James P. Bradley, MD

7:26 am Technical Video Spotlight: How and When to Do a Remplissage
Felix H. Savoie, III, MD

7:31 am What We Really Need to Know About Bone Loss
Anthony A. Romeo, MD

7:38 am Putting it All Together: How to Get Instability Right
Robert A. Arciero, MD

7:45 am Innovation Spotlight: Bone Grafts (Latarjet and Allograft) for Shoulder Instability: How to Get This Right
Giovanni DiGiacomo, MD

7:52 am – 8:15 am Mini-Symposium: Shoulder Instability Cases:

A 22-Year-Old with Shoulder Instability and One Recurrence: What to Do?

A 29-Year-Old with Bony Injury and One Failed Scope Instability: What to Do?

Moderator: Robert T. Burks, MD
8:15 am – 8:25 am  Question and Answer

8:25 am – 9:25 am  **Session II: Shoulder Rotator Cuff**

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>8:25 am</td>
<td>How to Easily Repair a Supraspinatus Tear: All of My Tricks</td>
<td>Larry D. Field, MD</td>
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<tr>
<td>8:32 am</td>
<td>Technical Video Spotlight: Subscapularis Repair: How I Do It</td>
<td>Paul E. Caldwell, MD</td>
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<td>8:37 am</td>
<td>Larger Tear: My Best Efforts are Arthroscopic and This is How I Do It</td>
<td>Jeffrey S. Abrams, MD</td>
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<tr>
<td>8:44 am</td>
<td>Innovation Spotlight: My Early Results and Technique for Superior Capsular Reconstruction</td>
<td>Stephen S. Burkhart, MD</td>
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<tr>
<td>8:51 am</td>
<td>PRP, BMAC, Stem Cell, Amnionitic Membrane and Other Biologics: How and When Should I Use These?</td>
<td>Laith M. Jazrawi, MD</td>
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9:32 am  Case Panel: 28-Year-Old Snowboarder with a Type V Chronic (Three Months) AC Joint Injury: How I Fix This to Get a Reliable Result

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<td>9:51 am – 10:05 am</td>
<td>Case Panel: 28-Year-Old Snowboarder with a Type V Chronic (Three Months) AC Joint Injury: How I Fix This to Get a Reliable Result</td>
<td>Peter J. Millett, MD</td>
<td>Brandon J. Bryant, MD, CDR, MC, USN, Mark H. Getelman, MD, Lucas S. McDonald, MD, LCDR, MC, Ilya Voloshin, MD</td>
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9:25 am – 10:15 am  **Session III: Shoulder SLAP Tears, Biceps and AC Joint**

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<td>Fix the SLAP! And Who You Should Fix</td>
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<td>Case Panel: 28-Year-Old Snowboarder with a Type V Chronic (Three Months) AC Joint Injury: How I Fix This to Get a Reliable Result</td>
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10:05 am – 10:15 am  Question and Answer

10:15 am – 11:50 am  **Session IV: Knee Ligaments**

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<tr>
<td>10:58 am – 12:00 pm</td>
<td>Mini-Symposium: Tough, but Common Ligament Injuries</td>
<td>Eric J. Strauss, MD</td>
<td>Allen F. Anderson, MD, Joseph Carney, MD, MD, CDR, MC, USN</td>
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<tr>
<td>10:58 am</td>
<td>ACL Reconstruction: My Graft Choices: BTB Auto, HS Auto, Quad Tendon, and Allograft</td>
<td>Scott C. Faucett, MD</td>
<td>Brandon J. Bryant, MD, CDR, MC, USN</td>
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<td>10:58 am</td>
<td>The Failed ACL: How I Handle This</td>
<td>Elizabeth Arendt, MD</td>
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<td>11:05 am</td>
<td>The PCL: My Five Pearls to Get this Ligament as Anatomic and “Tight” as Possible</td>
<td>Gregory C. Fanelli, MD</td>
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10:30 am – 11:50 am  **Session IV: Knee Ligaments**

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<td>11:12 am</td>
<td>LCL Injuries: They are More Common Than You Think and How I Treat It</td>
<td>Scott C. Faucett, MD</td>
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<td>11:12 am</td>
<td>The PCL: My Five Pearls to Get this Ligament as Anatomic and “Tight” as Possible</td>
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11:19 am  The PCL: My Five Pearls to Get this Ligament as Anatomic and “Tight” as Possible

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10:30 am – 11:50 am  **Session IV: Knee Ligaments**
11:26 am  When I Fix the MCL: Should We Be More Concerned about These Injuries? My Technique and Pearls  
Robert E. Hunter, MD

11:33 am – 11:50 am  Question and Answer

Lunch and Learn with AANA and SOMOS!
Skip the hassle of finding a lunch and standing in long lines. Join AANA and SOMOS for a box lunch during this session and make the most of every minute of Specialty Day.

11:50 am – 1:10 pm  Session V: AANA & SOMOS Lunchtime Symposium
(Box Lunch Included)

11:50 am – 12:00 pm  Pick up Box Lunch in the General Session Room

12:00 pm  My 10 Pearls for the Business of Orthopaedic Sports and Arthroscopy: How I See It
Jack M. Bert, MD

12:10 pm – 12:40 pm  Clinical Case Panel Spotlight: Challenging Shoulder and Knee Cases: My Toughest and How I Handled It
Moderator: John M. Tokish, MD  
Panel: Jeffrey S. Abrams, MD, Brian J. Cole, MD, MBA, Diane L. Dahm, MD, Thomas M. DeBerardino, MD, Matthew T. Provencher, MD, Richard KN Ryu, MD, Felix H. Savoie, III, MD

12:30 pm  How To Be a Better Leader in your Clinic and OR: What I Learned as a Military Orthopaedic Surgeon Caring for Our Wounded Warrior Athletes
Mark Pallis, DO

12:55 pm  Clinical Outcomes in the Military: What I've Learned and How to Apply to Your Practice:
Jonathan F. Dickens, MD

1:02 pm  AANA Clinical Outcomes Initiatives
William R. Beach, MD

1:10 pm - 1:20 pm  Break

1:20 pm - 2:20 pm  Session VI: Knee Cartilage and Meniscal Injuries

AANA Moderator: Nicholas A. Sgaglione, MD  
SOMOS Moderator: Jonathan F. Dickens, MD

1:20 pm  Innovation Spotlight: How to Recognize and Repair Meniscal Root Tears: These are More Common Than We Think
Robert F. LaPrade, MD

1:27 pm  Cartilage Injury of the Condyle: My Treatment in 2017
Julie A. Dodds, MD