The American Orthopaedic Society for Sports Medicine (AOSSM) is recognized by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The AOSSM designates this live activity for a maximum of 7.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**General Information**

**Description**

Despite continuous advances, musculoskeletal disorders and injuries are on the rise. While some areas require further research to improve outcomes, other areas have established best-practice patterns, but struggle with implementation. Orthopaedic Surgeons are a critical part of the team leading the way to address these issues.

Education is key to improvements in musculoskeletal care. The AOSSM/AANA Specialty Day 2018 program will feature didactic presentations that provide opportunities to share important research findings and serve as a review of core musculoskeletal topics while providing face-to-face networking opportunities.

New ideas and research addressing musculoskeletal disorders and injuries are evolving. Specialty Day 2018 will highlight the latest advances and reinforce time-tested tools aimed at preventing and addressing musculoskeletal care.

**Target Audience**

This program is designed for orthopaedic surgeons, physicians, and allied health professionals in the field of sports medicine or related fields of practice and who may desire to improve their arthroscopic knowledge, competence, performance, and patient outcomes.

**Program**

The American Orthopaedic Society for Sports Medicine (AOSSM) and Arthroscopy Association of North America (AANA) attest that the people responsible for the development of this educational activity did so independently and were not influenced by commercial supporters.

**Educational Objectives**

Upon completion of this educational activity, learners should be able to:

- Implement an effective evaluation algorithm, based on recent research, for musculoskeletal and medical sports medicine conditions through an arthroscopic surgery lens.
- Assess and apply surgical and non-surgical treatment recommendations and rehabilitation protocols for the diagnosis and clinical management of joint disorders in athletes.
- Review and implement new minimally invasive techniques for the management of shoulder, knee, and hip pathology.

**Accreditation**

Continuing Medical Education Credits

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Continuing Education Credit for Athletic Trainers

The American Orthopaedic Society for Sports Medicine (AOSSM) is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program is eligible for a maximum of **7.25 Category A hours/CEUs**. ATs should claim only those hours actually spent in the educational program.

**Disclosure Statement**

In accordance with the guidelines of the ACCME, it is the policy of the AOSSM that faculty and planners disclose to the learners all financial relationships during the past twelve months with any commercial interest (any entity producing, marketing, re-selling, or distributing healthcare goods and services consumed by, or used on, patients). Any and all disclosures will be provided in the final program that is distributed at the meeting. In accordance with AOSSM policy, faculty participation is predicated upon timely submission and review of AOSSM disclosures. Non-compliance results in faculty being stricken from the program.

**Disclaimer**

The material presented in this continuing medical education program is being made available by the AOSSM and AANA for educational purposes only. This material is not intended to represent the only methods or procedures appropriate for the medical situation discussed, but rather it is intended to present an approach, view, statement, or opinion of the faculty which may be helpful to others who face similar situations. Neither the content (whether written or oral) of any course, seminar, or other presentation in the program, nor the use of specific product in conjunction therewith, nor the exhibition of any materials by any parties coincident with the program should be construed as indicating endorsement or approval of the views presented, the products used, or the materials exhibited by the AOSSM and AANA or its Committees, Commissions or Affiliates. The AOSSM and AANA makes no statements, representations, or warranties (whether written or oral) regarding the Food and Drug Administration (FDA) status of any product used referred to in conjunction with any course, seminar, or other presentation being made available as part of this course. Faculty members shall have sole responsibility to inform attendees of the FDA status of each product that is used in conjunction with any course, seminar, or presentation and whether such use of the product is in compliance with FDA regulations.

**Program Committee Leadership**

**Matthew T. Provencer, MD, AANA Program Chair**

**Nikhil N. Verma, MD, AOSSM Program Chair**

**Welcome**

- Charles A. Bush-Joseph, MD
  - AOSSM President
- Robert E. Hunter, MD
  - AANA President

**Session I: Knee Ligament**

**Moderators:** John D. Kelly, MD and Jo A. Hannafin, MD

**7:15 am – 8:30 am**

- Medial Portal ACL How to Get this Right! – All By Tricks
  - Asheesh Bedi, MD

- Retrograde Drilling ACL – This is Just as Easy and More Predictable – How I Do This
  - Bruce A. Lecy, MD

- Paper 01: Anterior versus Posterior Tibial Tunnel Placement in ACL Reconstruction
  - Mark D. Miller, MD, Kadir Buyukdogan, MD
  - University of Virginia Health System, Charlottesville, VA, USA, University of Ankara, Ankara, Turkey.
7:32 am – 7:38 am  
Technique Highlights: How I Do Quad Tendon ACL’s  
Charles A. Bush-Joseph, MD

7:38 am – 7:45 am  
Paper 02: Outcomes and Predictors of Revision Anterior Cruciate Ligament Reconstruction: An Evaluation of the Norwegian Knee Ligament Registry  
Alexander R. Vap, MD, Robert F. LaPrade, MD, PhD, Lars Engebretsen, MD, PhD.  
1VCU Orthopaedics, Richmond, VA, USA, 2The Steadman Clinic, Vail, CO, USA, 3Oslo University Hospital-Ullevaal, Oslo, Norway.

7:45 am – 7:51 am  
ACL Failure – What Went Wrong and How to Fix?  
John C. Richmond, MD

7:51 am – 7:57 am  
ITB Tenodesis: How I Do It  
Alan M. Getgood, MD, FRCS (Tr&Ortho)

7:57 am – 8:02 am  
Paper 03: Performance of PROMIS Physical Function Compared with KOOS, SF-36, EQ5d And Marx Activity Scale in Patients Who Undergo ACL Reconstruction  
Elizabeth Scott, MD, Natalie Glass, PhD, Brian R. Wolf, MD, MS, Carolyn M. Hettrich, MD, MPH, Matthew Bollier, MD.  
1University of Iowa Hospitals and Clinics, Iowa City, IA, USA, 2University of Kentucky, Lexington, KY, USA.

8:02 am – 8:08 am  
Technique Highlight: The Lateral Side of the Knee – How to Recognize and Treat LCL/Posterolateral Corner  
Robert F. LaPrade, MD, PhD

8:08 am – 8:18 am  
Question & Answer

8:18 am – 8:30 am  
Case Panel: One or More Ligament – How I Get this Right  
Moderator: Gregory C. Fanelli, MD  
Panel: Asheesh Bedi, MD; Charles A. Bush-Joseph, MD; Alan M. Getgood, MD, FRCS (Tr&Ortho); Robert F. LaPrade, MD, PhD; Bruce A. Levy, MD; Mark A. Miller, MD; John C. Richmond, MD

8:30 am – 8:38 am  
Meniscal Injuries: How I Diagnose and Handle  
Nicholas A. Sgaglione, MD

8:38 am – 8:44 am  
Technique Highlight: Meniscal Root Repair – How to Get this Right  
Aaron J. Krych, MD

8:44 am – 8:49 am  
Paper 04: Modern Osteochondral Allograft Transplantation: The “Gold Standard” for Femoral Condyle Cartilage Repair?  
Luis E. Tirico, MD, Julie C. McCauley, MPH, Pamela Pulido, BSN, William Bugbee, MD.  
1University of São Paulo, Orthopedic and Traumatology Institute, São Paulo, Brazil, 2Shiley Center for Orthopaedic Research & Education at Scripps Clinic, La Jolla, CA, USA, 3Scripps Health, La Jolla, CA, USA, 4Scripps Clinic, La Jolla, CA, USA.

8:49 am – 8:55 am  
Osteochondral Allograft – How I Do This  
Andreas H. Gomoll, MD

8:55 am – 9:01 am  
High Tibial Osteoateomy – My Techniques and Rehab Pearls  
Annunziato Amendola, MD

9:01 am – 9:09 am  
Biologics (PRP, BMAC) for the Knee – What Really Works and What I Do in My Practice  
James P. Bradley, MD

9:09 am – 9:19 am  
Case Panel: Cartilage and Meniscus – What Would You Do?  
Moderator: Jack Farr, II, MD  
Panel: Annunziato Amendola, MD; James P. Bradley, MD; Julie A. Dodds, MD; Andreas H. Gomoll, MD; Nicholas A. Sgaglione, MD

9:19 am – 9:30 am  
Question & Answer

9:30 am – 9:50 am  
Break

9:50 am – 11:15 am  
Session III: Shoulder Instability and Biceps  
Moderators: Michael T. Frechill, MD and Timothy S. Leroux, MD, MEd

9:55 am – 10:01 am  
Arthroscopic Shoulder Stabilization: How I Make It Work  
Richard K.N. Ryu, MD

10:01 am – 10:07 am  
Open Stabilization Made Easy: When and How  
Brian R. Wolf, MD, MS

10:07 am – 10:13 am  
Technique Spotlight: Glenoid Bone Loss: The Latarjet Made Easier – My Tricks  
Matthew T. Provencher, MD
10:13 am – 10:21 am  Posterior Shoulder Instability – What I Have Learned  
Anthony A. Romeo, MD

10:21 am – 10:29 am  SLAP Tears – From the Thrower to Weekend Warrior – How to Handle and How I Fix  
John E. Conway, MD

10:29 am – 10:37 am  The Biceps as a Pain Generator: How Do We Make the Diagnosis?  
Stephen J. O’Brien, MD, MBA

10:37 am – 10:43 am  Technique Spotlight: Biceps Tenodesis – How I Do This and Why?  
Larry D. Field, MD

10:43 am – 10:51 am  AC Joint: Anatomic Reconstruction: Is it Still the Right Answer?  
Mark H. Getelman, MD

10:51 am – 10:57 am  Elbow Arthroscopy: You Can Do This, Tips for Success  
Felix H. Savoie, MD

10:57 am – 11:05 am  Question & Answer

11:05 am – 11:15 am  Case Panel: Instability and Biceps Case Panel – What Would You Do?  
Moderator: Robert T. Burks, MD  
Panel: Neal S. ElAttrache, MD; Larry D. Field, MD; Stephen J. O’Brien, MD; Matthew T. Provencer, MD; Anthony A. Romeo, MD; John M. Tokish, MD

11:15 am – 11:45 am  Session IV: Managing the Athlete in 2018 - From High School, Collegiate to Pro and Beyond  
Moderator: Matthew T. Provencher, MD

11:15 am – 11:25 am  First Time Shoulder Instability: Is It Time to Take a Stand?  
Robert A. Arciero, MD

11:25 am – 11:35 am  Where are We in Cartilage Repair in the Athlete? Third and Fourth Generation Techniques – and What I Do  
Brian J. Cole, MD, MBA

11:35 am – 11:45 am  Managing Athletes: What I Have Learned Over Thirty Years  
James R. Andrews, MD

11:45 am – 12:20 pm  Kennedy Lecture  
Bernard R. Bach, MD, Midwest Orthopaedics at Rush, Chicago, IL

12:20 pm – 12:30 pm  Lunch  
Boxed lunches will be provided

12:30 pm – 12:50 pm  Session V: Business of Sports Medicine  
Moderators: Louis McIntyre, MD

12:30 pm – 12:40 pm  Business of Sports Medicine: 5 Tips for Survival  
Jack M. Bert, MD
2:05 pm – 3:00 pm  
**Session VII: Hip**

**Moderators:** John J. Christoforetti, MD and Michael Jonathan Salata, MD

2:05 pm – 2:11 pm  
My Approach to the Patient with FAI – When Debridement is not Enough? My Technique  
Shane Jay Nho, MD, MS

2:11 pm – 2:16 pm  
Paper 08: Predictors of Outcomes of Non-Surgical Management for Acetabular Labral Tears  
William Conaway, BA¹, Scott D. Martin, MD², Ravi Agrawal². ¹Massachusetts General Hospital/Harvard Medical School Program, Boston, MA, USA, ²Massachusetts General Hospital, Boston, MA, USA.

2:16 pm – 2:21 pm  
Paper 09: Superior Clinical Outcomes with Capsular Closure versus Non-Closure in Patients Undergoing Arthroscopic Hip Labral Repair  
Ioanna Bolia, MD, MSc¹, Karen K. Briggs, MPH, MBA², Marc J. Philippon, MD². ¹Steadman Philippon Research Institute, Vail, CO, USA, ²Steadman Clinic, Vail, CO, USA.

2:21 pm – 2:29 pm  
Hip Arthroscopy: Is it Worth It?  
Richard C. Mather, III, MD

2:29 pm – 2:37 pm  
Failed Hip Arthroscopy: What Do I Do Now?  
Christopher M. Larson, MD

2:37 pm – 2:47 pm  
Question & Answer

2:47 pm – 3:00 pm  
Case Panel: Hip – What Would You Do?  
**Moderator:** J W Thomas Byrd, MD  
**Panel:** John J. Christoforetti, MD; Scott C. Faucett, MD; Christopher M. Larson, MD; Richard C. Mather, III, MD

3:00 pm  
Adjourn Meeting