

# FRIDAY, DECEMBER 6

Morning 7:00 am – 11:45 am

Earn  
18 CME  
Credits!

## GETTING THROUGH THE NIGHT

How to Survive the Night: Triage and Provisional Care  
Damage Control: Principles and Clinical Pearls  
Open Fracture Care Update  
Compartment Syndrome Update  
Soft Tissue Management: Simple Things That Can Help a Lot  
Pelvic Ring Injuries: Initial Assessment and What is Unstable?

## FEMUR FRACTURES

Elderly Femoral Neck Fractures: Fix or Replace?  
Young Femoral Neck Fractures: Reduction and Fixation Strategies  
Intertrochanteric Fractures: Pitfalls, Reduction and Fixation Strategies  
Subtrochanteric Fractures: Pitfalls, Reduction, Plate vs. Nail

## HANDS-ON SURGICAL SKILLS LAB

Knee and Ankle Spanning External Fixation  
Anterior and Anterolateral Approaches to Femoral Neck  
Femoral Nailing

## FACULTY SURGICAL DEMONSTRATION

Technical Tips for Nailing Subtrochanteric Femur Fractures

## CASE DISCUSSION: Triage, Pelvis, Hip

**INDUSTRY-SPONSORED LUNCH AND SPOTLIGHT SESSION PRESENTED BY LEGALLY MINE**

Afternoon 12:30 pm – 6:15 pm

## FRACTURES ABOUT THE KNEE

Distal Femur Fractures: Pitfalls, Plate vs. Nail  
Tibial Plateau Fracture: Approach, Reduction Tips  
Patella Fracture Update  
Tibial Shaft Fracture: Current Concepts and Pearls

## FACULTY SURGICAL DEMONSTRATION

Suprapatellar and Semi-Extended Tibial Nailing

## HANDS-ON SURGICAL SKILLS LAB

Distal Femur Lateral and Subvastus Approaches  
Tibial Plateau Fracture: Anterolateral, Posterior Medial, and Posterior Lateral Approaches  
Leg Fasciotomies: 1 and 2 Incision Techniques

## CASE DISCUSSION: Lower Extremity Fractures

**INDUSTRY-SPONSORED RECEPTION**

Register at [aos.org/Trauma2019](http://aos.org/Trauma2019) or call

Bring your PA to strengthen  
team performance!

## SATURDAY, DECEMBER 7

Morning 7:00 am – 11:25 am

### DISTAL TIBIA, ANKLE, AND FOOT FRACTURES

Ankle Fractures and Syndesmosis Injury: Updated Principles

Pilon Fractures: Strategies for Reducing Complications

Foot Fractures for the Generalist: Indications and Surgical Tips

#### FACULTY SURGICAL DEMONSTRATION

Syndesmotomic Reduction and Fixation

### HANDS-ON SURGICAL SKILLS LAB

Pilon/Ankle Approaches: Anterolateral, Posterior Lateral, Posterior Medial, Syndesmosis

Foot Approaches and Fasciotomies: Dorsal and Subtalar

### SHOULDER AND HUMERUS FRACTURES

Clavicle Fractures: Indications and Surgical Tips to Avoid Complications

Proximal Humerus Fractures: Indications for Surgery, Fix vs. Replace

Humerus Shaft Fracture: Indications for Surgery, Reduction/Fixation Tips

Distal Humerus Fractures: Approaches, Reduction/Fixation Tips

Elbow Fracture Dislocations: Tips for Staying Out of Trouble

#### CASE DISCUSSION: Upper Extremity Fractures

Afternoon 12:40 pm – 4:00 pm

### HANDS-ON SURGICAL SKILLS LAB

Proximal Humerus Fracture Approaches: Deltopectoral, Lateral, Posterior

Humerus Shaft Approaches: Anterolateral and Posterior Triceps Sparing

Elbow Approaches: Kaplan, Kocher, Medial

### FOREARM AND WRIST FRACTURES

Forearm Fractures: Approaches and Reduction Techniques

Elderly Distal Radius Fractures for Non-Hand Surgeons: Indications and How to Avoid Failure

### HANDS-ON SURGICAL SKILLS LAB

Forearm Approaches and Fasciotomies

Wrist Approaches: Dorsal, Volar, and Median Nerve Decompression Techniques

### COMPLICATIONS

Infection: Work-up and Treatment Principles

Nonunion: Common Causes and Work-up