



**19th Annual AAOS/AOSSM/AANA Sports Medicine Course:
Keeping Patients Active Through Biologics, Therapy and Contemporary Surgical Techniques #3385
January 31-February 4, 2018. Park City, UT
Course Director: Brian J. Cole, MD, MBA
Co-Directors: CAPT (Ret) Matthew T. Provencher, MD, MC, USNR, Kevin E. Wilk, PT, DPT, FAPTA**

of 8/11/17

CME Credit: 18 plus 2.5 for ultrasound session
Content and faculty subject to change

PROGRAM SCHEDULE

WEDNESDAY EVENING, JANUARY 31

- 2:00-2:50pm Registration
Refreshments with Exhibitors
- 2:50-3:50 Spotlight Session: TBD*
- 4:00-4:05 Welcome and Introduction
Drs. Cole, Provencher, and, Kevin E. Wilk

ANTERIOR CRUCIATE INJURIES

Moderator: *Nikhil N. Verma, MD*

- 4:05-4:20 The ACL in 2018: Where Are We Now?
Nikhil N. Verma, MD
- VIDEO SPOTLIGHT SESSSION: ACL Technique Corner: When and How
Must use a 5-minute video that can be narrated by speaker.
- 4:20-4:25 BTB Autograft *Nikhil N. Verma, MD*
4:25-4:30 Hamstring Autograft *TBD*
4:30-4:35 Quadriceps Tendon *Alan Getgood, MD*
- 4:35-4:45 VIDEO SPOTLIGHT: The Lateral Side: Extra-Articular Reconstruction (10 MINS)
Alan Getgood, MD
- 4:45-4:55 ACL Prevention, Rehabilitation and Return-to-Sport (10 MIN)
Kevin E. Wilk, PT, DPT, FAPTA
- 4:55-5:10 Audience Questions and Answers
- 5:10 – 6:00 Faculty/Participant Round Table Case Presentations/Discussions:
(Include a didactic slide where relevant.)
Moderator: *TBD (2 cases) and Alan Getgood (2 Cases)*
1. Revision ACL (Failed Allograft and add second scenario of Failed BTB Auto)
 2. Revision ACL (Enlarged Tunnels)
 3. Open Growth Plate
 4. Varus knee w failed ACL
- 6:00 -6:30 Refreshments/Pizza/Cocktails with Exhibitors and Faculty

POSTERIOR CRUCIATE AND COLLATERAL LIGAMENT INJURIES

Moderator: *Alan Getgood, MD*

- 6:30- 6:45 Complex Ligament Injury Management: PCL, PLC and MCL
Darren L. Johnson, MD
- 6:45-7:00 Key Note Lecture: Optimization of the Aging Athlete: Recommendations that Really Work
Matthew T. Provencher, MD
- 7:00-7:15 Audience Questions and Answers
- 7:15-7:35 Refreshments and Cocktails with Exhibitors and Faculty
Participants/Faculty Case Review of Pre-Course Cases Submitted
- 7:35-7:55 Live Patient Presentation and Panel Discussion
Decision Making in the patient with an ACL Tear
Travis G. Maak, MD
- 7:55-8:35 Faculty/Participant Round Table Case Presentations/Discussions
(Include a didactic slide where relevant)
Moderator: *Annunziato Amendola, MD, (2 cases) and Darren L. Johnson, MD (2 Cases)*
1. ACL with MCL needing repair
 2. PCL/PLC
 3. Chronic MCL
 4. Varus thrust with PLC/PCL
- 8:35 pm Adjourn for the Evening

* The Industry Spotlight Session is Non-CME. Views and Products Are Not Endorsed by AAOS, AOSSM, or AANA

THURSDAY MORNING, FEBRUARY 1

6:30-6:55am Power Breakfast/Exhibits

6:55-7:00 Announcements
Matthew T. Provencher, MD

THE ATHLETE'S SHOULDER

Moderator: *Matthew T. Provencher, MD*

7:00-7:15 Key Note Lecture:
My Top 10 Rehabilitation Principles for the Young Injured Shoulder
(Include non op first time dislocator)
Kevin E. Wilk, PT, DPT, FAPTA

7:15-7:25 Anterior Instability Repair: Arthroscopic-Top 10 Pearls (10 mins)
Eric C. McCarty, MD

7:25-7:35 Managing Bone Loss: Assessment and Indications for Specific Treatment Strategies (10 mins)
Nikhil N. Verma, MD

7:35-7:45 SLAP and Biceps: Decision-Making (10 mins)
Alan S. Curtis, MD

7:45-8:05 Beverage Break with Exhibitors

8:05-8:25 Live Case Presentation: Shoulder
Moderator: *Peter N. Chalmers, MD*
Panel: *Drs. Curtis, McCarty, Verma, Kevin E. Wilk*

8:25-8:40 Audience Questions and Answers

8:40-9:30 Faculty/Participant Round Table Case Presentations: Instability, SLAP and Biceps
Moderator: *Brian J. Cole, MD (2 cases) and Matthew T. Provencher, MD/James R. Bradley (2 Cases)*
Panel: *Drs. Curtis, McCarty, Verma, Kevin E. Wilk*

9:30 Adjourn Recreational Time

9:30-10:30 Pre-Recorded Webinars

THURSDAY AFTERNOON, FEBRUARY 1

- 2:45-3:05pm Refuel Refreshments with Exhibitors
- 3:05-4:05 SPOTLIGHT SESSION: Zimmer/Biomet Subchondroplasty and Non Operative Treatment of OA* *Tentative*

THURSDAY EVENING, FEBRUARY 1

- 4:10-4:15 Announcements
Brian J. Cole, MD, MBA

TEAM PHYSICIAN AND SPORTS MEDICINE

Moderator: *Kevin E. Wilk, PT, DPT, FAPTA*

- 4:15-4:25 Pre-participation Physical: Top 5 Most Important Things NOT to Miss (10 mins)
Jason L Drago, MD
- 4:25-4:35 Pain Management in the Locker Room (10 mins)
Eric C. McCarty, MD
- 4:35-4:45 Concussion Management in 2018 (10 mins)
Steven B. Cohen, MD
- 4:45-4:55 Getting the Athlete Back to Sport: Beyond the Injury (10 mins)
James R. Andrews, MD

THE BUSINESS OF MEDICINE

Moderator: *Brian J. Cole, MD, MBA*

- 4:55-5:10 Establishing Ancillaries in Your Practice: PT, DME, Pharmacy, Surgicenter and More
Nikhil N. Verma, MD (15 mins)
- 5:10-5:20 Implementation and Best Practices: The Physician Extender (10 mins)
Kyle Pilz, PA
- 5:20-5:50 Faculty Panel: Participant Participation
Practice Management Strategies – What Has Worked for Me.:
(Injection Therapy, Ultrasound, IME/Workers Comp, Branding, Social Media)
Moderator: *Steve B. Cohen, MD*
Panel: *Drs Cole, Verma, Klye Pilz.*
- 5:50-6:05 Audience Questions and Answers
- 6:05-6:35 Beverage Break with Exhibitors: Nutrition Company/Smoothies/Cocktails
- 6:35-6:55 SPOTLIGHT SESSION* TBD
- 6:55 pm Adjourn for the Evening

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FRIDAY MORNING, FEBRUARY 2

6:30-6:55am Power Breakfast/Exhibits

6:55-7:00 Announcements
Kevin E. Wilk, PT, DPT, FAPTA

COMPLEX INSTABILITY (POSTERIOR, MULT-DIRECTIONAL AND FAILURE)

Moderator: *Matthew T. Provencher, MD*

7:00-7:10 Multi-Directional and Posterior Shoulder Instability: When to Operate and How To Do It
James P. Bradley, MD

7:10-7:25 VIDEO SPOTLIGHT SESSSION: Bone Loss: Why and How (5 Minutes Each)
Moderator: *Matthew T. Provencher, MD*

- Laterjet *Brian J. Cole, MD*
- Distal Tibia Allograft *Matthew T. Provencher, MD*
- Hill Sachs Management: Remplissage and Allograft *Stephen F Brockmeier, MD*

7:25-7:40 Audience Question and Answer

7:40-8:40 Faculty/Participant Round Table Case Presentations
Moderator: *James P. Bradley, MD (2 Cases) and Felix H. Savoie, III MD (2 Cases)*
Panel: *Drs. Cole, Brockmeier, Provencher*

8:40-9:00 Beverage Break with Exhibitors

THINGS YOU NEED TO KNOW ABOUT THE ATHLETE: HANDS, HIPS AND FEET

Moderator: *Annunziato Amendola, MD*

9:00-9:15 Key Note Lecture: The Painful Hip: FAI, Labrum and Myotendinous Injury (15 mins)
<TBD>

9:15-9:30 Key Note Lecture: The Most Common Foot and Ankle Injuries (15 mins)
Annunziato Amendola, MD

9:30-9:45 Key Note Lecture: The Most Common Hand and Wrist Injuries (15 mins)
<TBD>

9:45-10:00 Audience Question and Answer

10:00 Adjourn for Recreational Time

10:00-11:00 Pre-Recorded Webinars

FRIDAY AFTERNOON, FEBRUARY 2

2:45-3:05pm Refuel Refreshments with Exhibitors

3:05-4:05 SPOTLIGHT SESSION:--*Allosourse/Stryker for biologic talk* OR Rapid Fire:Tentative*

FRIDAY EVENING, FEBRUARY 2

4:10-4:15 Announcements
Brian J. Cole, MD, MBA

CARTILAGE

Moderator: *Adam B. Yanke, MD*

4:15-4:25 The Athlete and Cartilage Repair: Decision-Making (10 min)
Brian J. Cole, MD, MBA

4:25-4:35 Osteotomy and Realignment
Annunziato Amendola, MD

4:35-4:45 Meniscus Repair: Surgical Techniques
Robert E. Hunter, MD

4:45-5:15 Technique Focus: Articular Cartilage Repair: 5 Minute Videos
Moderator: *Adam B. Yanke, MD*

Microfracture "Plus" BioCartilage

Brian J. Cole, MD, MBA

DeNovo NT

Jason L. Drago, MD

Cartiform

Eric C. McCarty, MD

Osteochondral Autograft

Robert E. Hunter, MD

Osteochondral Allograft

Matthew T. Provencher, MD

MACI

Adam B. Yanke, MD

5:15-5:30 Question and Answer

5:30-5:50 Beverage Break with Exhibitors

THE PATELLOFEMORAL JOINT

5:50-6:05 Patellar Instability: Observe, Repair, Realign or Reconstruct (15 mins)
Adam B. Yanke, MD

6:05-6:25 Rehabilitation of the PF Joint: Pre- and Post-Operative Considerations (20 mins)
Kevin E. Wilk, PT, DPT, FAPTA

6:25-7:00 Faculty/Participant Round Table Case Presentations
Moderator: *Adam Yanke, MD*

7:00 Adjourn for the Evening

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SATURDAY MORNING, FEBRUARY 3

6:30-6:55am Power Breakfast/Exhibits

6:55-7:00 Announcements
Matthew T. Provencher, MD

BIOLOGICS

7:00-7:10 Key Note: Stem Cells, PRP, Amnion and More for Articular Cartilage Disease
Jason L. Drago, MD

7:10-7:20 Key Note: Biologics, Scaffolds and SCR in the Shoulder
Brian J. Cole, MD, MBA

7:20-7:30 Integrating Biologics into your Practice
Brian J. Cole, MD, MBA

7:30-7:40 Audience Question and Answer

UPPER EXTREMITY ISSUES

Moderator: *James P. Bradley, MD*

7:40-7:50 Management of the SC and AC Joint in the Athlete: State-of-The Art in 2018
James P. Bradley, MD

7:50-8:00 Distal Biceps Tendon Tears: Technique Focus
Steve B. Cohen, MD

8:00-8:10 Medial and Lateral Epicondylitis: Technique Focus
Felix H. Savoie, III, MD

8:10-8:20 Management of the Ulnar Collateral Ligament
Neal S. ElAttrache, MD

8:20-8:35 Audience Questions and Answers

8:35-8:55 Beverage Break with Exhibitors

8:55-9:55 Faculty/Participant Round Table Case Presentations
Moderator: *Christopher S. Ahmad, MD (2 Cases)*

9:55 Adjourn for Recreational Time

9:55-10:55 Pre-Recorded Webinars

SATURDAY AFTERNOON, FEBRUARY 3

2:45-3:05pm Refuel Refreshments with Exhibitors

3:05-4:05 SPOTLIGHT SESSION: A Comprehensive Review of Contemporary Surgical Techniques in the Treatment of Biceps and Labrum Pathology in The Athlete's Shoulder* Arhtrex *Tentative* :
James R. Andrews, MD and Neal S. ElAttrache, MD

SATURDAY EVENING, FEBRUARY 3

4:10-4:15 Announcements
Brian J. Cole, MD, MBA

ROTATOR CUFF PROBLEMS

Moderator: *Christopher S. Ahmad, MD*

4:15-4:30 Partial Thickness Rotator Cuff Tears...Leave it, Complete it, In Situ Repair
Christopher S. Ahmad, MD

4:30-4:45 Full Thickness Rotator Cuff Tears – Techniques and State-of- the-art Management
Stephen F. Brockmeier, MD

4:45-5:00 Massive Cuff Tears: Ignore, Fix, Scaffold or Replace
Matthew T. Provencher, MD

5:00-5:20 Live Patient Presentation: Shoulder/Elbow
Peter N. Chalmers, MD

5:20-6:00 Faculty/Participant Round Table Case Presentations
Moderators: *Drs. Ahmad and Cole*

6:00-6:30 Beverage/Refreshment Break (For Ultrasound Session Attendees) and Exhibitors

SATURDAY EVENING, FEBRUARY 3

6:30-9:00pm

ULTRASOUND COURSE:

DIAGNOSTIC AND THERAPEUTIC ULTRASOUND HANDS-ON TRAINING

Joshua G. Hackel, MD, FAAFP, RMSK, CAQSM and Kyle Pilz, PA-C

Shoulder Pathology
Demo Shoulder Exam
Elbow Pathology
Demo Elbow Exam
Knee Pathology
Demo Knee Exam
Q&A
Live Model Lab

SUNDAY MORNING, FEBRUARY 4

6:30-7:00am Breakfast

7:00-9:30am

ULTRASOUND COURSE:

DIAGNOSTIC AND THERAPEUTIC ULTRASOUND HANDS-ON TRAINING

Joshua G. Hackel, MD, FAAFP, RMSK, CAQSM and Kyle Pilz, PA-C

Shoulder Pathology
Demo Shoulder Exam
Elbow Pathology
Demo Elbow Exam
Knee Pathology
Demo Knee Exam
Q&A
Live Model Lab

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