

**AAOS-Romania 2016 Shoulder Course Agenda**

**COURSE DESCRIPTION**

The goal of this course is to provide the participant with an introduction to shoulder arthroscopy and shoulder arthroplasty. In addition, the participant will be taught the current techniques used in the surgical management of shoulder trauma, instability and rotator cuff disease.

**LEARNING OBJECTIVES**

*At the conclusion of this course, learners should be able to:*

- Understand the set-up and instrumentation required to perform arthroscopic shoulder surgery.
- Understand the set-up and instrumentation required to perform shoulder arthroplasty.
- Evaluate patients with shoulder instability and formulate a treatment plan.
- Evaluate patients with rotator cuff pathology and formulate a treatment plan.
- Evaluate patients with proximal humeral fractures and formulate a treatment plan.

**THURSDAY, 21 APRIL 2016**

07:30 Registration

08:00 Welcome and Announcements  
*Dr. Guido Marra and Dr. William Stetson*

**SHOULDER ARTHROSCOPY: INSTABILITY LESIONS** (*moderator Mihai Roman*)

08:05 Course Introduction Scope and Goals  
*Dr. Guido Marra*

08:15 History and Physical Examination of the Shoulder  
*Dr. Cristian Buescu*

08:30 Patient Positioning: Beach Chair and Lateral Decubitus  
*Dr. Horia Haragus*

08:45 Arthroscopic Shoulder Anatomy and Portals  
*Dr. Mihai Roman*

09:00 Patient Safety in Shoulder Arthroscopy: What can go wrong?  
*Dr. Semin Becirbegovic*

09:15 Decision Making in Shoulder Instability: Treatment Options  
*Dr. Ion Codorean*

- 09:30            ***Break***
- 09:45            Decision Making in SLAP Lesions: Treatment Options  
*Dr. Cosmin Faur*
- 10:00            Complications in Shoulder Arthroscopy, Instability and SLAP Tears  
*Dr. William Stetson*
- 10:15            Arthroscopic Knot Tying: How to Avoid Mistakes  
*Dr. Cristian Buescu*
- 10:30            Rehabilitation and Post-operative management following Instability and SLAP Tears  
*Dr. Guido Marra*
- 10:45            Case Presentations of Shoulder Instability, SLAP Tears: Break out session into small groups  
*US and Romanian Faculty*
- 11:40            ***Break: Presentation by Angelini Pharmaceuticals***
- 12:00            ***Lunch***

**SHOULDER ARTHROPLASTY AND TRAUMA** (*moderator Mihai Roman*)

- 13:00            Proximal Humeral Fractures: Overview, Classification and Treatment  
*Dr. Horia Haragus*
- 13:20            History and Physical Examination in Shoulder Trauma  
*Dr. Petru Razvan Melinte*
- 13:50            Surgical Exposure  
*Dr. Cosmin Faur*
- 14:10            Discussion
- 14:30            ***Break***
- 14:45            Shoulder arthroplasty history and what can be expected  
*Dr. Guido Marra*
- 15:05            Case Presentations: Romanian Faculty
- 16:35            Lab with knot tying stations and Alex Models
- 17:15            ***Adjourn***

**FRIDAY, 22 APRIL 2016**

**SHOULDER TRAUMA** (*moderator Razvan Melinte*)

- 08:00           ORIF of Proximal Humerus Fracture  
*Dr. Mihai Roman*
- 08:15           Complications in Shoulder Trauma  
*Dr. Ion Codorean*
- 08:30           Rehabilitation and Post-operative management following Shoulder Arthroplasty  
*Dr. Guido Marra*
- 08:45           *Questions and Answers*  
*Break*
- 09:00           **Surgical Video Demonstration and Interactive Discussion Shoulder Arthroplasty**  
*Moderator: Dr. Guido Marra*
- 12:00           *Lunch*

**SHOULDER ARTHROSCOPY: ROTATOR CUFF TEARS** (*moderator Ion Codorean*)

- 13:00           Decision making in Rotator Cuff Tears: Treatment Options  
*Dr. Semin Becirbegovic*
- 13:25           Complications in Rotator Cuff Surgery  
*Dr. William Stetson*
- 13:50           Rehabilitation and Post-operative management following Rotator Cuff Surgery  
*Dr. Guido Marra*
- 14:10           *Break*
- 14:30           **Surgical Video Demonstration and Interactive Discussion Shoulder Arthroscopy/Rotator Cuff Repair**  
*Moderator: Dr. William Stetson*
- 16:40           Rotator Cuff Case Presentations: US and Romanian Faculty
- 17:15           *Adjourn*