

AAOS-Romania 2017 Shoulder Course Agenda

COURSE DESCRIPTION

The goal of this course is to provide the participant with an introduction to shoulder arthroscopy and shoulder arthroplasty. In addition, the participant will be taught the current techniques used in the surgical management of shoulder trauma, instability and rotator cuff disease.

LEARNING OBJECTIVES

At the conclusion of this course, learners should be able to:

- Understand the set-up and instrumentation required to perform arthroscopic shoulder surgery.
- Understand the set-up and instrumentation required to perform shoulder arthroplasty.
- Evaluate patients with shoulder instability and formulate a treatment plan.
- Evaluate patients with rotator cuff pathology and formulate a treatment plan.
- Evaluate patients with proximal humeral fractures and formulate a treatment plan.

THURSDAY, 11 MAY 2017

- 07:30 Registration
- 08:00 Welcome and Announcements
Dr. Guido Marra and Dr. William Stetson

SHOULDER ARTHROSCOPY: INSTABILITY LESIONS

- 08:05 Course Introduction Scope and Goals
Dr. Guido Marra
- 08:15 History and Physical Examination of the Shoulder
Dr. Cristian Buescu
- 08:30 Patient Positioning: Beach Chair and Lateral Decubitus
Dr. Horia Haragus
- 08:45 Arthroscopic Shoulder Anatomy and Portals
Dr. Mihai Roman
- 09:00 Patient Safety in Shoulder Arthroscopy: What can go wrong?
Dr. Semin Becirbegovic
- 09:15 Decision Making in Shoulder Instability: Treatment Options
Dr. Ion Codorean

- 09:30 Discussion
- 09:45 Decision Making in SLAP Lesions: Treatment Options
Dr. Stefan Mitulescu
- 10:00 Complications in Shoulder Arthroscopy, Instability and SLAP Tears
Dr. Adi Todor
- 10:15 Rehabilitation and Post-operative management following Instability and SLAP Tears
Dr. V. Stevanovic
- 10:30 Discussion
- 10:45 Break
- 11:00 Case Presentations of Shoulder Instability, SLAP Tears.
Dr. Marra or Dr. Stetson
- 11:15 ***Small Group Discussion***
- 12:00 ***Lunch***

SHOULDER TRAUMA

- 13:00 Proximal Humeral Fractures: Overview, Classification and Treatment
Dr. Horia Haragus
- 13:20 History and Physical Examination in Shoulder Trauma
Dr. Stefan Mitulescu
- 13:50 Surgical Exposure
Dr. Razvan Melinte
- 14:10 Discussion
- 14:30 ***Break***
- 14:45 ORIF of Proximal Humerus Fracture
Dr. Mihai Roman
- 15:05 Complications in Shoulder Trauma
Dr. Ion Codorean
- 15:20 Discussion
- 15:45 Knot-tying Stations
- 17:45 ***Adjourn***

FRIDAY, 12 MAY 2017

SHOULDER ARTHROPLASTY

- 08:00 Preoperative Assessment in Shoulder Arthroplasty - What do we really need?
Dr Cristian Buescu
- 08:20 Rationale for Shoulder Replacement
Dr. Dr. Razvan Melinte
- 08:40 Rehabilitation and Post-operative management following Shoulder Arthroplasty
Dr. V. Stavanovic
- 09:00 *Case presentations and small group discussions*
- 09:45 **Break**
- 10:00 **Surgical Video Demonstration and Interactive Discussion: Shoulder Arthroplasty**
Moderator: Dr. Guido Marra
- 12:00 **Lunch**

SHOULDER ARTHROSCOPY: ROTATOR CUFF TEARS

- 13:00 Decision making in Rotator Cuff Tears: Treatment Options
Dr. Semin Becirbegovic
- 13:15 Complications in Rotator Cuff Surgery
Dr. Faur Cosmin
- 13:45 Rehabilitation and Post-operative management following Rotator Cuff Surgery
Dr. Radu Fleaca
- 14:00 Arthroscopic Knot Tying: How to Avoid Mistakes
Dr. Adi Todor
- 14.15 *Discussion*
- 14:30 **Break**
- 14:45 **Surgical Video Demonstration and Interactive Discussion Shoulder Arthroscopy/Rotator Cuff Repair**
Moderator: Dr. Guido Marra
- 16:30 Panel Discussion
Moderator: TBD
- 17:15 **Adjourn**