Saturday, March 28, 2020
Orange County Convention Center
Valencia Ballroom A
7:00 am – 4:15 pm

General Information

Description
Despite continuous advances, musculoskeletal disorders and injuries are on the rise. While some areas require further research to improve outcomes, other areas have established best-practice patterns, but struggle with implementation. Orthopaedic Surgeons are a critical part of the team leading the way to address these issues.

Education is key to improvements in musculoskeletal care. The AOSSM/AANA Specialty Day 2020 program will feature didactic presentations that provide opportunities to share important research findings and serve as a review of core musculoskeletal topics, highlighting the latest advances and reinforce time-tested tools aimed at preventing and addressing musculoskeletal care while providing face-to-face networking opportunities.

Statement of Need
The need for this activity has been determined based on a comprehensive analysis of existing practice gaps in sports medicine and arthroscopic surgery. This includes review of data from sources including but not limited to member educational needs survey, self-assessment results from multiple self-assessment educational offerings, literature reviews, expert-physician input, and intra-course observational evaluation from prior courses.

Target Audience
This program is designed for Orthopaedic Surgeons, physicians, and allied health professionals in the field of sports medicine or related fields of practice and who may desire to improve their arthroscopic knowledge, competence, performance, and patient outcomes.

Program
The American Orthopaedic Society for Sports Medicine (AOSSM) and the Arthroscopy Association of North America (AANA) attest that the people responsible for the development of this educational activity did so independently and were not influenced by commercial supporters.

Educational Objectives
Upon completion of this educational activity, learners should be able to:

- Implement an effective evaluation algorithm, based on recent research, for musculoskeletal and medical sports medicine conditions through an arthroscopic surgery lens.
- Assess and apply surgical and non-surgical treatment recommendations and rehabilitation protocols for the diagnosis and clinical management of joint disorders in athletes.
- Review and implement new minimally invasive techniques for the management of shoulder, knee and hip pathology.

Accreditation
Continuing Medical Education Credits
The Arthroscopy Association of North America (AANA) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

AANA designates this live activity for a maximum of 8.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure
It is the mission of AANA as a provider accredited by ACCME to provide independent, fair, balanced, bias-free, peer-reviewed continuing medical education to its learners. In accordance with the ACCME Standards for Commercial Support™ (SCS 2.3) AANA requires that all individuals in the position to control AANA educational content must disclose to AANA and the activity audience all relevant financial relationships. An individual has a relevant financial relationship if he/she (or spouse/partner) has a financial relationship in any dollar amount that has occurred during the previous 12 months with a commercial interest whose products and services are discussed in the CME activity content over which the individual has control. A commercial interest is defined as any entity producing, marketing, re-selling, or distributing health care goods or services consumer by, or used on, patients. The SCS 2.3 requires accredited CME providers to resolve all identified potential conflicts of interest with any individual in a position to influence and/or control the content of CME activities prior to the education activity being delivered to learners. AANA has implemented mechanisms to identify and resolve conflicts of interest for all individuals in a position to control the content. All disclosures will be communicated to program participants prior to the activity via slide, web-program and mobile app. In addition, all participants involved in discussions are required to disclose commercial interests prior to engaging in discussions. Speakers identified as violating the AANA Disclosure policy may not be invited to participate in future educational programs.

Disclaimer
The material presented in this continuing medical education program is being made available by AOSSM and AANA for educational purposes only. The methods, techniques and procedures demonstrated, and views and opinions expressed by all activity speakers are their own and do not necessarily represent those of AOSSM or AANA, nor does presentation on the program represent or constitute endorsement or promotion by AOSSM or AANA. AOSSM/AANA expressly disclaim any warranties or guarantees, expressed or implied, and shall not be liable for damages of any kind in connection with the material, methods, information, techniques, opinions or procedures expressed, presented or demonstrated. This material is not intended to represent the only methods or procedures appropriate for the medical situation discussed, but rather it is intended to present an approach, view, statement, or opinion of the faculty which may be helpful to others who face similar situations. Neither the content (whether written or oral) of any course, seminar, or other presentation in the program, nor the use of specific product in conjunction therewith, nor the exhibition of any materials by any parties coincident with the program should be construed as indicating endorsement or approval of the views presented, the products used, or the materials exhibited by AOSSM or AANA or their Committees, Commissions or Affiliates. AOSSM/AANA make no statements, representations, or warranties (whether written or oral) regarding the Food and Drug Administration (FDA) status of any product used or referred to in conjunction with any course, seminar, or other presentation being made available as part of this course. Faculty members shall have sole responsibility to inform attendees of the FDA status of each product that is used in conjunction with any course, seminar, or presentation and whether such use of the product is in compliance with FDA regulations.

Program Committee Leadership
James M. Bradley, MD, AOSSM President
Larry D. Field, MD, AANA President
Lee D. Kaplan, MD, AOSSM Program Chair
Kevin F. Bonner, MD, AANA Program Chair
7:00 am – 7:05 am Welcome
Lee D. Kaplan, MD, AOSSM
Program Chair
Kevin F. Bonner, MD, AANA
Program Chair

7:05 am – 8:20 am Session I: Shoulder Instability/Labrum
Moderators: Mary Lloyd Ireland, MD and Brian R. Waterman, MD

Paper #1
7:05 am – 7:10 am Revision Arthroscopic Bankart Repair in the Military
Jonathan F. Dickens, MD

8:20 am – 8:26 am Evaluation and Approach to the Thrower’s Shoulder
Neal S. ElAttrache, MD

8:20 am – 8:59 am Session II: Shoulder Biceps/Scapula/AC Joint
Moderators: Dean C. Taylor, MD and Joseph C. Tauro, MD

8:26 am – 8:32 am SLAP Repair vs. Tenodesis – How to Make the Right Call?
John E. Conway, MD

Paper #4
8:32 am – 8:37 am Radiostereometric Analysis of Biceps Tenodesis: A Comparison of Techniques
Adam B. Yanke, MD, PhD

8:37 am – 8:43 am Biceps Tenodesis: How Do This and Why?
Alan S. Curtis, MD

8:43 am – 8:49 am The Unstable AC Joint – Fixing and Avoiding Complications
Stephen F. Brockmeier, MD

7:15 am – 7:20 am Questions and Answers

8:05 am – 8:20 am Shoulder Instability Case Panel: Rapid Fire – What Would You Do?
Moderator: William N. Levine, MD
Panelists: Anthony A. Romeo, MD, Claude T. Moorman, MD, Paul E. Caldwell, MD, Matthew T. Provencer, MD, John D. Kelly, IV, MD, Scott A. Rodeo, MD

9:05 am – 9:12 am My Pearls to Successful Arthroscopic Shoulder Stabilization
Claude T. Moorman, MD

9:12 am – 9:18 am Arthroscopic Stabilization with Remplissage: Listen Why
John D. Kelly, IV, MD

Moderator: Paul E. Caldwell, MD

7:39 am – 7:45 am Laterjet: No Second Thoughts
Anthony A. Romeo, MD

7:49 am – 8:05 am Questions and Answers

8:59 am – 9:40 am Session III: Shoulder
Moderators: Mark H. Getelman, MD and Richard K.N. Ryu, MD

Paper #5
9:18 am – 9:23 am Clinical and MRI Outcomes After Arthroscopic Superior Capsule Reconstruction with Human Dermal Allograft for Irreparable Posterosuperior Rotator Cuff Tears a Minimum Two-Year Follow-up
Lucca Lacheta, MD

9:23 am – 9:30 am Biologics for the Cuff – What Does the Highest-Level Evidence Say?
Brian J. Cole, MD, MBA

9:30 am – 9:40 am Questions and Answers

8:05 am – 8:20 am Shoulder Instability Case Panel: Rapid Fire – What Would You Do?
Moderator: William N. Levine, MD
Panelists: Anthony A. Romeo, MD, Claude T. Moorman, MD, Paul E. Caldwell, MD, Matthew T. Provencer, MD, John D. Kelly, IV, MD, Scott A. Rodeo, MD

10:18 am – 11:39 am Session IV: Knee and Sports
Moderators: Julie A. Dodds, MD and Rick W. Wright, MD

Paper #6
10:18 am – 10:23 am Does Intra-operative Prep Improve Patient Function & Complication Rates Following ACL Reconstruction with Meniscus Repair?
Matthew D. Weldon, MD

8:26 am – 8:32 am SLAP Repair vs. Tenodesis – How to Make the Right Call?
John E. Conway, MD
10:23 am – 10:28 am  The Effect of Playing Surface on Anterior Cruciate Ligament Injury in NCAA Soccer
Mark C. Howard, MD

10:28 am – 10:33 am  Revision Risk of Soft-tissue Allograft vs. Hybrid Graft Following Anterior Cruciate Ligament Reconstruction
Anthony Essilfie, MD

10:33 am – 10:38 am  Questions and Answers

10:38 am – 10:39 am  Debate: Graft Selection in the Athlete
Julie A. Dodds, MD and Rick W. Wright, MD

10:39 am – 10:45 am  No Brainer: Use the Patellar Tendon!
Kurt P. Spindler, MD

10:45 am – 10:51 am  Quadriceps Tendon for Everyone
John W. Xerogeanes, MD

10:51 am – 10:57 am  Not So Fast: Matching the Autograft to the Athlete – Choose Wisely
Freddie H. Fu, MD

10:57 am – 11:03 am  Avoiding Contemporary ACL Technical Mistakes
Aaron J. Krych, MD

11:03 am – 11:09 am  MCL Injuries: Surgical Indications and Timing
Darren L. Johnson, MD

11:09 am – 11:15 am  ACL Augmentation: ALL or ITB Tenodesis – When and How?
Alan M.J. Getgood, MD

11:15 am – 11:21 am  Athlete Clearance for RTS Following ACL Surgery: My Current Real-Life Answer
E. Lyle Cain, Jr., MD

11:21 am – 11:29 am  Revision ACL Surgery: Technical Considerations for Success
Mark D. Miller, MD

11:29 am – 11:39 am  Questions and Answers

11:39 am – 12:02 pm  AANA Innovations Lecture

11:39 am – 11:42 am  Introduction
Larry D. Field, MD

11:42 am – 12:02 pm  AANA Innovations Lecture
Stephen S. Burkhart, MD

12:02 pm – 12:17 pm  Lunch

12:17 pm – 2:02 pm  Session V: Knee Cartilage, Meniscus and Biologics

12:17 pm – 12:22 pm  Clinical Efficacy of Intra-articular Mesenchymal Stem Cells for the Treatment of Knee Osteoarthritis: A Double Blinded, Prospective, Randomized, Controlled Clinical Trial
Bradford S. Tucker, MD

12:22 pm – 12:24 pm  Questions and Answers

12:24 pm – 12:30 pm  Root Tears: How to and Who to Fix in 2019?
Nicholas A. Sgaglione, MD

12:30 pm – 12:36 pm  Decision-Making: All-Inside vs. Inside-Out Meniscus Repair?
Michael J. Stuart, MD

12:36 pm – 12:42 pm  Debate: 2 cm MFC Defect in a 21-Year-Old College Athlete
Louis F. McIntyre, MD

12:42 pm – 12:48 pm  Marrow Stimulation: Evidence Supports Popularity
Jason L. Koh, MD

12:48 pm – 12:54 pm  Surface Cartilage Treatments are the Way to Go
Craig H. Bennett, MD

12:54 pm – 1:00 pm  Osteochondral Allografts are Most Reliable
Riley J. Williams, III, MD

1:00 pm – 1:06 pm  Chondral Defects: My Decision-Making has Evolved Over Time
Bert R. Mandelbaum, MD

1:06 pm – 1:12 pm  Osteochondral Allografts: Technical Pearls
William D. Bugbee, MD

1:12 pm – 1:18 pm  Biologics for the Knee: My Evidence-based Indications
Andreas H. Gomoll, MD

1:18 pm – 1:38 pm  Meniscus/Cartilage Case Panel – What Would You Do?
Moderators: Kevin D. Plancher, MD and David R. Diduch, MD
Panel: Jason L. Koh, MD, Andreas H. Gomoll, MD, Riley J. Williams, III, MD, William D. Bugbee, MD, Bert R. Mandelbaum, MD, Nicholas A. Sgaglione, MD, Michael J. Stuart, MD, Craig H. Bennett, MD, Jason L. Dragoo, MD, Louis F. McIntyre, MD

1:38 pm – 1:46 pm  MRI (Mis) Interpretation When to Worry, When to Chill?
Hollis G. Potter, MD

1:46 pm – 1:52 pm  Quick Sideline Decisions: What You Need to Know to Stay out of Trouble
Eric C. McCarty, MD

1:52 pm – 2:02 pm  Questions and Answers

2:02 pm – 2:12 pm  Break

2:12 pm – 3:28 pm  Session VI: Contemporary Controversies: Give Us Answers

Paper #10 2:12 pm – 2:17 pm  Return to Sport Following Stabilization Surgery for Recurrent Patellar Instability in Patients Undergoing Isolated MPFL Reconstruction vs. Combined MPFL Reconstruction and Tibial Tubercle Osteotomy
Stephanie J. Swensen-Buza, MD
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2:17 pm – 2:23 pm</td>
<td>Outcomes and Reoperation Rates After Tibial Tubercle Transfer and Medial Patellofemoral Ligament Reconstruction</td>
<td>Jacob Gorbaty, MD</td>
</tr>
<tr>
<td>2:23 pm – 2:28 pm</td>
<td>Questions and Answers</td>
<td></td>
</tr>
<tr>
<td>2:28 pm – 2:34 pm</td>
<td>Debate: Patella Instability with Maltracking, Dysplasia and Alta</td>
<td>William R. Beach, MD</td>
</tr>
<tr>
<td>2:34 pm – 2:40 pm</td>
<td>MPFL Only – TTO Not Worth Morbidity</td>
<td>Michael G. Baraga, MD</td>
</tr>
<tr>
<td>2:40 pm – 2:46 pm</td>
<td>TTO + MPFL: Worth It!</td>
<td>Andrew J. Cosgarea, MD</td>
</tr>
<tr>
<td>2:46 pm – 2:54 pm</td>
<td>Questions and Answers</td>
<td></td>
</tr>
<tr>
<td>2:54 pm – 3:00 pm</td>
<td>Decision-Making and Treatment of Partial UCL Tears</td>
<td>Steven B. Cohen, MD</td>
</tr>
<tr>
<td>3:00 pm – 3:01 pm</td>
<td>Debate: UCL Repair in Elbow</td>
<td>Moderator: James R. Andrews, MD</td>
</tr>
<tr>
<td>3:01 pm – 3:07 pm</td>
<td>It Works and Worth a Try!</td>
<td>Jeffrey R. Dugas, MD</td>
</tr>
<tr>
<td>3:07 pm – 3:13 pm</td>
<td>Not Doing it – Here's Why</td>
<td>Michael G. Ciccotti, MD</td>
</tr>
<tr>
<td>3:13 pm – 3:18 pm</td>
<td>The Ulnar Collateral Ligament Responds to Stress in Professional Pitchers</td>
<td>Peter N. Chalmers, MD</td>
</tr>
<tr>
<td>3:18 pm – 3:28 pm</td>
<td>Questions and Answers</td>
<td></td>
</tr>
<tr>
<td>3:28 pm – 4:15 pm</td>
<td>Session VII: Hip</td>
<td>Moderators: Bryan T. Kelly, MD and Allston J. Stubbs, IV, MD, MBA</td>
</tr>
<tr>
<td>3:28 pm – 3:33 pm</td>
<td>Proximal Over-resection During Femoral Osteochondroplasty Negatively Affects the Distractive Stability of the Hip Joint</td>
<td>Lionel E. Lazaro, MD</td>
</tr>
<tr>
<td>3:33 pm – 3:35 pm</td>
<td>Questions and Answers</td>
<td></td>
</tr>
<tr>
<td>3:35 pm – 3:41 pm</td>
<td>Mid-term Outcomes with FAIS: What Have We Learned Over the Past Decade</td>
<td>J.W. Thomas Byrd, MD</td>
</tr>
<tr>
<td>3:41 pm – 3:47 pm</td>
<td>Five Tips to Make Your Labral Repair Easier</td>
<td>Marc R. Safran, MD</td>
</tr>
<tr>
<td>3:47 pm – 3:53 pm</td>
<td>Indications for Labral Reconstructions: What is the Evidence?</td>
<td>Marc J. Philippon, MD</td>
</tr>
<tr>
<td>3:59 pm – 4:05 pm</td>
<td>Endoscopic vs. Open Hamstring Repair: My Treatment Algorithm for Partial and Full Thickness Tears</td>
<td>Richard C. Mather, MD</td>
</tr>
<tr>
<td>4:05 pm – 4:15 pm</td>
<td>Questions and Answers</td>
<td></td>
</tr>
<tr>
<td>4:15 pm</td>
<td>Adjourn – See you in March 2021!</td>
<td></td>
</tr>
</tbody>
</table>