Saturday, March 5, 2016
Orange County Convention
Center, West Building
Chapin Theater
7:35 am – 5:00 pm

American Orthopaedic Society for Sports Medicine

General Information

Description
This live activity is designed to identify areas of recent research in the field of orthopaedic sports medicine and arthroscopy relevant to practicing physicians, surgeons, and allied health professionals. This information will be transmitted through scientific research, faculty/participant interaction, spotlights on surgical techniques, symposia, and debates.

Target Audience
This program should prove valuable to any orthopaedic surgeon, physician, or allied health professional in the field of sports medicine or related fields of practice.

Program
The American Orthopaedic Society for Sports Medicine (AOSSM) attests that the people responsible for the development of this educational activity did so independently and were not influenced by commercial supporters.

Educational Objectives
Upon completion of this educational activity, learners should be able to:
• Identify recent research in the field of orthopaedic sports medicine
• Evaluate orthopaedic sports medicine diagnostic, surgical, non-operative, and other therapeutic measures and techniques
• Recognize specific topical problems endemic to the orthopaedic sports medicine practitioner
• Describe recent developments in the rapidly changing field of orthopaedic sports medicine
• Apply strategies to improve patient outcomes

Accreditations
AMA/PRA
AOSSM is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

AOSSM designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NATA/CEUs
AOSSM is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers.

AOSSM is recognized by the Board of Certification, Inc. to offer a maximum of 6.5 hours of Category A continuing education. Certified Athletic Trainers are responsible for claiming only those hours actually spent participating in the continuing education activity.

Disclosure Statement
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Disclaimer
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Questions
American Orthopaedic Society for Sports Medicine
9400 W. Higgins Road, #300
Rosemont, IL 60018
Phone: 847/292-4900 or (toll free) 877/321-3500
Fax: 847/292-4905
Email: aossm@aossom.org

American Orthopaedic Society for Sports Medicine

7:35 am – 7:40 am
Welcome Remarks
Allen F. Anderson, MD
Kurt P. Spindler, MD

7:40 am  – 8:15 am
Session I: ACL Surgical Decision Making

Moderators: Elizabeth Arendt, MD; Diane L. Dahm, MD

7:40 am 7:45 am
A Comparison Of Anatomic Double- and Single-bundle Techniques For Anterior Cruciate Ligament Reconstruction, A Prospective Randomized Study With A 5-year Follow-up
Ioannis Karkis, MD1, Neel Desai, MD2, Ninni Sernert, PhD3, Lars Rostgard – Christensen, MD4, Juri T. Kartus, MD, PhD5.

(1NU – Hospital Group, Uddevalla, Sweden, 2Sahlgrenska University Hospital, Mandal, Sweden, 3Development of Research and Development, USA, 4Skaraborg Hospital, Linköping, Sweden, 5Norra Älvsborgs Länsjukhus, Trollhättan, Sweden.)
| Paper 2 | 7:45 am – 7:50 am | Increased Risk of Revision after ACL Reconstruction with Soft Tissue Allograft Compared to Autograft: Graft Processing and Time Make a Difference. Gregory Maletis, MD1, Jason Chen, MA2, Maria Carolina Secorun Inacio, PhD3, Rebecca Love, MPH4, Tadashi Ted Funabashi, MD5. (1Kaiser Baldwin Park, Baldwin Park, CA, USA, 2Kaiser Research and Evaluation, San Diego, CA, USA, 3Kaiser Permanente, San Diego, CA, USA, 4Kaiser Research and Evaluation, San Diego, CA, USA, 5Orthopedic Surgery, Irvine, CA, USA.) |
| Paper 3 | 7:50 am – 7:55 am | Surgical Predictors of Clinical Outcome following Revision ACL Reconstruction MARS Group1, Rick W. Wright, MD2. (1Washington University St. Louis, St. Louis, MO, USA, 2Washington University Dept of Orthopaedic Surgery, Saint Louis, MO, USA.) |
| 7:55 am – 8:10 am | Surgical Spotlight: Placement of Femoral and Tibial Single Tunnels Faculty: Mark D. Miller, MD |
| 8:10 am – 8:20 am | Question and Answer |
| 8:20 am – 8:30 am | Session II: Lower Extremity Moderators: Robert T. Burks, MD; Christian Lattermann, MD |
| Paper 4 | 8:20 am – 8:25 am | Pre-operative Lumbar Plexus Block Provides Superior Post-operative Analgesia when Compared with Fascia Iliaca Block or General Anesthesia Alone in Hip Arthroscopy Andre B. Wolff, MD1, Geoffrey W. Hogan, BA1, James Capon1, Hayden Smith1, Alexandra M. Napoli, BA1, Patrick Gaspar, MD1. (1Washington Orthopaedics and Sports Medicine, Chevy Chase, MD, USA, 2Fair Oak Anesthesia Associates, Oxon Hill, MD, USA) |
| Paper 5 | 8:25 am – 8:30 am | A Risk Prediction Model for Redislocation Following First Time Lateral Patellar Dislocation (LPD) Marc Tompkins, MD1, Elizabeth A. Arendt, MD2. (1TRIA/University of Minnesota, Minneapolis, MN, USA, 2University of Minnesota, Minneapolis, MN, USA) |
| Paper 6 | 8:30 am – 8:35 am | Survival and Reoperation Rate Following Osteochondral Allograft Transplantation: Analysis of Failures for 100 Transplants at 5-year Follow-up Rachel M. Frank, MD1, David Levy, MD2, Pamela Nina Scalise, BS1, Margaret Elizabeth Smith, BA1, Brian J. Cole, MD, MBA4. (1Rush Univ, Chicago, IL, USA, 2Rush University, Chicago, IL, USA, 3Rush University Medical Center, Chicago, IL, USA, 4Midwest Orthopaedics at Rush, Chicago, IL, USA) |
| Paper 7 | 8:35 am – 8:40 am | Functional Outcome of Sesamoid Excision in Athletes J. Chris Coetzee, Rebecca M. Stone, MS, ATC, Jacquelyn E. Fritz, BS, Emma F. Grossi. (Minnesota Orthopedic Sports Institute at Twin Cities Orthopedics, Edina, MN, USA) |
| 8:40 am – 8:50 am | Question and Answer |
| 8:50 am – 9:25 am | Scientific Session III: Injury Prevention in Sports Moderators: Letha Y. Griffin, MD, PhD; Jo A. Hannafin, MD, PhD |
| Paper 8 | 8:50 am – 8:55 am | Effectiveness of a Preseason Prevention Program on Arm Injury Risk Factors: An Randomized Control Trial in Adolescent Pitchers Charles A. Thigpen, PT, PhD, ATC1, Lane Brooks Bailey, DPT3, Michael J. Kissenberth, MD1, Thomas J. Noonan, MD4, Richard J. Hawkins, MD, FRCSC3, Ellen Shanley, PhD2. (1Proaxis Therapy, Greenville, SC, USA, 2Ironman Sports Medicine Institute – Memorial Hermann, Houston, TX, USA, 3Steadman Hawkins Clinic of the Carolinas/Greenville Health System, Greenville, SC, USA, 4Steadman Hawkins Clinic Denver, Greenwood Village, CO, USA) |
| Paper 9 | 8:55 am – 9:00 am | Does Fatigue Alter Pitching Mechanics? Brandon J. Erickson1, Terrance Sgroi, DPT1, Peter Nissen Chalmers, MD2, Peter Vignona3, Matthew Lesniak, DPT4, Charles A. Bush – Joseph, MD1, Nikhil N. Verma, MD1, Anthony A. Romeo, MD1. (1Rush University, Chicago, IL, USA, 2Accelerated Rehab PT, Chicago, IL, USA, 3Rush University Medical Center, Chicago, IL, USA, 4Accelerated Physical Therapy, Palos Heights, IL, USA, 5Rush University Medical CenterMidwest Orthopaedics, Chicago, IL, USA, 6Rush Presbyterian St. Luke’s Medical Center, Chicago, IL, USA, 7Midwest Orthopaedics, Chicago, IL, USA) |
American Orthopaedic Society for Sports Medicine
11:15 am – 11:25 am Question and Answer
11:25 am – 12:00 pm Kennedy Lecture
Christopher D. Harner, MD
12:00 pm – 1:00 pm Lunch
1:00 pm – 1:55 pm Case-based Symposium:
Management of Shoulder Instability
Moderator: Nikhil N. Verma, MD;
Christopher J. Ahmad, MD
1:00 pm – 1:03 pm How Do We Measure Glenoid Bone Loss?
Adam B. Yanke, MD
1:03 pm – 1:06 pm What Size Hill-Sachs Matters?
George Athwal, MD
Debate: Recurrent Instability
1:06 pm – 1:11 pm Repair with Open Procedure
Robert A. Arciero, MD
1:11 pm – 1:16 pm Arthroscopic Repair
Robert T. Burks, MD
1:16 pm – 1:26 pm Discussion
Debate: Instability in the Contact Athlete
1:26 pm – 1:31 pm Arthroscopic Repair Is Best
Anthony A. Romeo, MD
1:31 pm – 1:36 pm Open Repair Is Best
Jeffrey R. Dugas, MD
1:36 pm – 1:45 pm Technical Pearls of Shoulder Surgery
(Narrated Video Clips)
1:39 pm – 1:42 pm Fixation Tip Latarjet Procedure
Stephen S. Burkhart, MD
1:42 pm – 1:45 pm Suture/Portal Placement in Arthroscopic
Repair Instability
Nikhil N. Verma, MD
1:45 pm – 1:55 pm Discussion
1:55 pm – 2:45 pm Case-based Symposium:
Management of Meniscus Injuries
Moderators: Rick W. Wright, MD;
Thomas Sean Lynch, MD
1:55 pm – 2:00 pm Meniscus Repair Indications and
Techniques
C. Benjamin Ma, MD
2:00 pm – 2:06 pm Inside-out Anatomy and Exposure Medial
and Lateral Anatomy Dissection Video
Matthew Matava, MD
2:06 pm – 2:10 pm  Suture Placement for All-inside Video of Pearls  
Robert H. Brophy, MD

Debate: Meniscus Repair Technique

2:10 pm – 2:15 pm  Inside-Out Is Gold Standard  
Darren L. Johnson, MD

2:15 pm – 2:20 pm  All-Inside Is Best  
Rick W. Wright, MD

2:20 pm – 2:25 pm  Rehabilitation of the Isolated Repair – Is There Evidence?  
Lynn Snyder-Mackler, PhD

Meniscus Tear Treatments by Experts:  
Case Presentations by Moderators

2:25 pm – 2:35 pm  David R. Diduch, MD; Brian R. Wolf, MD, MS; Allen F. Anderson, MD; Charles A. Bush-Joseph, MD; Lutul D. Farrow, MD

2:35 pm – 2:45 pm  Discussion

Saturday, March 5, 2016  
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General Information

Description  
This live activity is designed to identify areas of recent research in the field of orthopaedic trauma, orthopaedic sports medicine and arthroscopy relevant to practicing physicians, surgeons, and allied health professionals. This information will be transmitted through technical pearls on surgical techniques, symposia, clinical insights, debates, and participant/faculty interaction.

Target Audience  
This program should prove valuable to in the field of orthopaedic trauma and orthopaedic sports medicine relevant to practicing physicians, surgeons, and allied health professionals.

Program  
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Course Objectives  
Upon completion of this educational activity, learners should be able to:

• Debate treatment management approaches of common and complex upper and lower extremity injuries
• Identify technical surgical pearls for common and complex upper and lower extremity injuries
• Apply strategies to improve patient outcomes

OTA/AOSSM Combined Session

3:00 pm – 3:06 pm  Displaced Clavicle Fractures  
Moderators: Grant L. Jones, MD; Michael McKee, MD

3:06 pm – 3:12 pm  Non-Operative Management Is Preferable  
Moderators: Andrew Schmidt, MD; James P. Bradley, MD

3:12 pm – 3:18 pm  My Top 3 Technical Pearls for ORIF  
Utku Kandemir, MD

3:18 pm – 3:25 pm  Rehabilitation of the Isolated Repair – Is There Evidence?  
Lynn Snyder-Mackler, PhD

3:25 pm – 3:35 pm  Discussion  
Moderators: Andrew Schmidt, MD; James P. Bradley, MD

3:35 pm – 3:45 pm  Rehabilitation of the Isolated Repair – Is There Evidence?  
Lynn Snyder-Mackler, PhD

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NATA/CEUs  
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This program has been approved for a maximum 2 hours of Category A continuing education. Certified Athletic Trainers are responsible for claiming only those hours actually spent participating in the continuing education activity.

BOC Approved Provider Number: P460

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American Orthopaedic Society for Sports Medicine
3:25 pm – 3:31 pm  Non-Operative Management Is Preferable  
Emil Schemitsch, MD

3:31 pm – 3:37 pm  Surgery Provides Better Results  
W. Ben Kibler, MD

3:37 pm – 3:40 pm  My Top 3 Technical Pearls for Repair/ 
Reconstruction  
Neal S. ElAttrache, MD

3:40 pm – 3:50 pm  Discussion

3:50 pm – 4:30 pm  Complex Knee Dislocations

3:50 pm – 3:56 pm  Evaluation and Acute Treatment: Key 
Factors  
Gregory C. Fanelli, MD

3:56 pm – 4:02 pm  Fracture-Dislocations: Is the Management 
Different  
Daniel B. Whelan, MD

4:02 pm – 4:14 pm  Management Debate:

4:02 pm – 4:08 pm  Early Open Surgery Provides Better 
Results  
William Obremskey, MD

4:08 pm – 4:14 pm  Delayed Arthroscopic Surgery Is the Best 
Option  
Bruce Levy, MD

4:14 pm – 4:20 pm  My Top 3 Technical Pearls:

4:14 pm – 4:17 pm  Early Open Surgery  
William Harvin, MD

4:17 pm – 4:20 pm  Delayed Arthroscopic Surgery  
Robert Marx, MD

4:20 pm – 4:30 pm  Discussion

4:30 pm – 5:00 pm  Syndesmotic Injuries

4:30 pm – 4:36 pm  Surgical Indications: Have they Changed?  
Richard Buckley, MD

4:36 pm – 4:42 pm  Management Debate:

4:42 pm – 4:48 pm  Semi-Rigid Fixation is the New Gold 
Standard  
Ned Amendola, MD

4:48 pm – 4:54 pm  My Top 3 Technical Pearls:

4:48 pm – 4:51 pm  Rigid Fixation  
Steven Benirschke, MD

4:51 pm – 4:54 pm  Semi-Rigid Fixation  
Thomas O. Clanton, MD

4:54 pm – 5:00 pm  Discussion

Conclusion

5:00 pm  Closing Remarks  
Theodore Miclau, III, MD, OTA President  
Kurt P. Spindler, MD, AOSSM